

# Help for **Parents and Children** in Dallas County



Joshua Treviño

## 2010 Directory

Child Abuse Prevention Coalition and  
the Injury Prevention Center of Greater Dallas



## HELPFUL NUMBERS

### **Child Support Division of the Office of the Attorney General of Texas**

1.800.252.8014

### **Community Council of Greater Dallas- Information and Referral**

214.871.5065

### **CONTACT Crisis Line**

Adult: 972.233.2233

Teen: 972.233.TEEN

Spanish: 972.233.2428

### **Dallas Association for Parent Education**

WARMLINE 972.699.7742

### **National Domestic Violence Hotline**

1.800.799.SAFE

1.800.787.3224 (TTY)

### **National Eye Care Project Hotline**

1.800.222.3937

### **Parents Special Education Hotline (TEA)**

1.800.252.9668

### **Ready for Life**

214.740.9241

### **Social Security Administration**

1.800.772.1213

### **Suicide and Crisis Center**

214.828.1000

1.866.672.5100

### **Texas Abuse Hotline**

1.800.252.5400

### **Texas Health and Human Services Commission**

- Information about health and human services in your area: 211
- Toll free: 1.877.541.7905
- Medicaid client hotline: 1.800.252.8263
- CHIP: 1.877.543.7669

### **Texas Poison Center Network**

1.800.222.1222

214.589.0915 (local)

### **Texas Runaway Hotline**

1.888.580.4357

### **Texas Youth Hotline**

1.800.98.YOUTH

The Texas Family Code (261.101) requires that any person who believes a child is being abused, neglected, or exploited to report this to the Texas Department of Family and Protective Services Abuse Hotline (800.252.5400). A person reporting in good faith is immune from civil or criminal liability.

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## Achievement Center of Texas

2950 North Shiloh Rd. Garland, TX 75044

Phone: 972.414.7700  
Fax: 972.414.5500  
Email: mserie@tx.rr.com  
Website: www.achievementcenteroftexas.com  
Hours: 7 a.m. to 6 p.m., M-F  
Ages Served: 18 months to 50 years  
Languages: English, Spanish and Sign Language  
Area Served: Dallas, Collin and Rockwall Counties

### Services:

- Life skills training (music, art exploration, community inclusion activities, computer training and physical education) for children and adults with disabilities.

## Addicare

2722 W. Kingsley Suite 115  
Garland, TX 75041

Phone: 972.278.4760  
Fax: 972.926.1099  
Website: www.addicare.com  
Hours: 8:30 a.m. to 8 p.m., M-Th;  
8 a.m. to Noon, F  
Ages Served: 14 years to 65 years  
Area Served: Garland and surrounding area

### Services:

- Outpatient drug and alcohol treatment for adults and adolescents
- Anger and stress management
- Drug testing
- Counseling
- DWI education program
- Repeat offender education

## Al-Anon/Alateen Information Services

6162 E. Mockingbird Ln. Suite 209  
Dallas, TX 75214

Phone: 214.363.0461 English  
214.941.6599 Spanish  
Email: info@dallasal-anon.org  
Website: www.dallasal-anon.org  
Hours: 9 a.m. to 3 p.m., M-F  
Closed on federal holidays  
Ages Served: 6 years and older  
Languages: English and Spanish (materials available in 11 languages)

Area Served: Dallas, Cook, Grayson, Collin, Denton, Wise, Fannin, Lamar, Hopkins, Hunt, Rockwall, Kaufman, Van Zandt, Henderson, Navarro and Ellis Counties

### Services:

- Support groups for families and friends of alcoholics
- Professional resource materials
- Speakers
- *Alateen* or pre-teen groups for children ages 6 to 19

## Alcoholics Anonymous

6162 E. Mockingbird Lane Suite 213  
Dallas, TX 75214

Location: Northeast  
Phone: 214.887.6699 (24-Hour)  
Fax: 214.887.0443  
Email: help@aadallas.org  
Website: www.aadallas.org  
Hours: 10 a.m. to 5 p.m., M-F  
10 a.m. to 2 p.m., every 2nd and 3rd Saturday

### Services:

- Information about Alcoholics Anonymous program of recovery and group locations in the Dallas area
- Speakers

## Angel Food Ministries

Multiple sites across North Texas

Phone: 1.877.FOOD.MINISTRY  
1.877.366.3646 (24-Hour)  
Fax: 770.267.8031  
Email: angelfood@angelfoodministries.com  
Website: www.angelfoodministries.com

### Services:

- Provides food relief and financial support to communities by offering \$30 units of food (with an average retail value of approximately \$60).
- No qualifications, minimums, income restrictions or applications

## Anthem (Alliance for North Texas Healthy and Effective Marriages)

12800 Hillcrest Rd. A124 Dallas, TX 75230

**Location:** Multiple locations-call for class availability  
**Phone:** 214.231.7093  
**Fax:** 214.426.0906  
**Email:** info@anthemnorthtexas.org  
**Website:** www.anthemnorthtexas.org; www.strongfamiliesdallas.org  
**Hours:** Varies depending on workshop  
**Ages Served:** Adults and young adults  
**Languages:** English and Spanish

### Services:

- Interactive workshops (healthy relationship skills) - respectful communication, conflict resolution, responsible money attitudes, effective management of emotional triggers, healthy anger expression, win/win behavior, defining destructive behavior, biology of love, choosing wisely, high trust character and establishing a good life.

## Arc of Dallas, The

12700 Hillcrest Rd. Suite 200

Dallas, TX 75230

**Location:** Northwest  
**Phone:** 214.634.9810  
**Fax:** 214.634.9815  
**Email:** info@arcdallas.org  
**Website:** www.arcdallas.org  
www.allkidscan.org  
**Hours:** 8:30 a.m. to 5 p.m., M-F  
**Ages Served:** All ages  
**Languages:** English and Spanish  
**Area Served:** Dallas, Collin and Rockwall Counties

### Services:

- Information and referrals for family support
- Individualized intervention for people with developmental disabilities
- Targeted education and training for family members and professionals
- Spring and summer continuing education classes for adults with developmental disabilities designed to improve life skills, leisure skills and leadership skills
- Day camp for children with disabilities
- Site-based respite care for children with disabilities
- Guardianship program for 18 to 49 year-old residents previously diagnosed with cognitive disabilities who meet eligibility guidelines
- ALL KIDS CAN, a school-based curriculum helping students learn to understand and respect people with disabilities

## Arrow Child and Family Ministries

2356 E. Rd. to Six Flags

Arlington, TX 76011

**Phone:** 817.695.5857  
1.800.556.5750  
**Fax:** 817.695.6529  
**Website:** www.arrow.org  
**Email:** info@arrow.org  
**Hours:** 8 a.m. to 5 p.m., M-F  
**Ages Served:** 0 to 18 years  
**Languages:** English  
**Area Served:** Arlington, Dallas, Ft. Worth, Corsicana, Tyler, Houston, Angleton, Austin, Waco, Abilene, Corpus Christi and San Antonio

### Services:

- Child placing agency for abused and neglected children
- Training and licensing for therapeutic foster parents
- Approval of adoptive homes
- Statewide services including a therapeutic summer camp, corporate training facilities, parent education and adoption services

## Austin Street Centre

2929 Hickory Street Dallas, TX 75226

**Location:** Central  
**Phone:** 214.428.4242  
**Fax:** 214.428.8158  
**Website:** www.austinstreet.org  
**Hours:** 4 p.m. to 6 a.m., 7 days a week  
**Ages Served:** Men over 45, women and children  
**Languages:** English and Spanish  
**Area Served:** Dallas and surrounding areas

### Services:

- Emergency, overnight temporary shelter for men, women and children
- Day program for women and children
- Rehabilitation program
- Medical and psychiatric services
- Transitional living facility

## Autism Society of America

Dallas Area Chapter

10503 Metric Drive Dallas, TX 75243

**Phone:** 214.208.0792  
**Email:** autismsociety\_dallas@yahoo.com  
**Website:** www.autism-society.org/dallas\_chapter

Hours: 6 p.m. leadership meetings  
7 p.m. general membership meetings  
Meetings on the third Tuesday of the month at the Northhaven United Methodist Church, 11211 Preston Rd. Rm. 237, Dallas, TX 75230

Languages: English and Spanish

**Services:**

- Information and Support

## AVANCE-Dallas

2816 Swiss Avenue Dallas, TX 75204

Location: Central  
Phone: 214.887.9907  
Fax: 214.887.9159  
Website: [www.avance-dallas.org](http://www.avance-dallas.org)  
Email: [avance-dallas@avance.org](mailto:avance-dallas@avance.org)  
Hours: 7 a.m. to 4 p.m., M-F  
Ages Served: Parents with children under age 4  
Languages: Spanish  
Area Served: West Dallas, Love Field, Oak Cliff, Bachman Lake, East Dallas and Pleasant Grove

**Services:**

- Parenting education program - a nine-month parenting and family education program for parents with young children, which includes toy making, parenting classes, home visitation and child care.
- Family literacy program - ESL and GED preparation courses.

## Bachman Recreation Center

2750 Bachman Drive Dallas, TX 75220

Phone: 214.670.6266  
Fax: 214.670.6271  
Website: [www.dallasparks.org/Facilities/recreation.aspx](http://www.dallasparks.org/Facilities/recreation.aspx)  
Hours: 8:30 a.m. to 7 p.m., M-F  
Ages Served: 6 years to adult, seniors  
Languages: English and ASL Sign Language  
Area Served: Dallas

**Services:**

- Recreation and leisure services for individuals who are mentally, physically and/or emotionally disabled.
- Therapeutic indoor pool provides aqua exercise for older adults.

## Baylor College of Dentistry

3302 Gaston Avenue Dallas, TX 75246

Phone: 214.828.8440 General information  
214.823.1376 Screening appointment  
214.828.8489 Emergency extractions

Wednesdays 9 to 10:30 a.m.  
Fax: 214.828.8958  
Website: [www.tambcd.edu](http://www.tambcd.edu)  
Hours: 8 a.m. to 5 p.m., M-F  
Emergency Extractions 7 a.m., M-F

Ages Served: Children and adults

**Services:**

- General and specialty dental procedures performed by dental students.
- Patients are charged based on cost of materials rather than ability to pay and there are no residency restrictions.

## Because I Love You of Texas

**Meeting:**  
First Presbyterian Church 319 LaSalle Drive  
Richardson, TX 75081

Mail:  
802 Lake Pointe Circle McKinney, TX 75070

Phone: 972.647.9573  
Fax: 972.529.9973  
Website: [www.bily.org](http://www.bily.org)  
Email: [ewatanabe@sbcglobal.net](mailto:ewatanabe@sbcglobal.net)  
Hours: Monday evenings 7:30 to 9:30 p.m.  
Ages Served: Meetings are for parents only  
Languages: English  
Area Served: Members are from all area cities

**Services:**

- Free self-help support group for parents who have children in crisis.
- Help for parents of children with pre-teen and teen issues such as: missing school, running away, underage drinking, abusing drugs.
- Provides a safe meeting place to get help with ideas and support from other parents whose children are experiencing the same issues.

## Bethlehem Foundation

1159 W. Camp Wisdom Rd.

Dallas, TX 75232

Location: Southwest  
Phone: 214.371.3407  
Hours: 9 a.m. to 6 p.m., M-F

### Services:

- Provides emergency assistance (food, clothing, rent, utilities) on a limited basis to residents in immediately surrounding zip codes.

## Betty Ford Center-Five Star Kids

1320 Greenway Drive Suite 100

Irving, TX 75038

Phone: 972.753.0552  
Fax: 972.753.0001  
Website: [www.bettyfordcenter.org](http://www.bettyfordcenter.org)  
Email: [dallas@bettyfordcenter.org](mailto:dallas@bettyfordcenter.org)  
Hours: 10:30 a.m. to 3:30 p.m., Th-Sat.  
Ages Served: Children ages 7 to 12 years and their parents  
Languages: English and Spanish  
Area Served: DFW Metroplex

### Services:

- Intensive educational support program for children impacted by the drug and alcohol addiction of a loved one.
- There is a fee for services; however, no child is turned away due to financial concerns. Scholarships are available.

## Big Brothers, Big Sisters of North Texas

2900 Live Oak Dallas, TX 75204

Phone: 214.871.0876  
Fax: 972.421.1770  
Website: [www.bbbsnt.org](http://www.bbbsnt.org)  
Hours: 8:30 a.m. to 5 p.m., M-F  
Ages Served: 7 to 14 years  
Languages: English and Spanish  
Area Served: Dallas, Denton, Collin, Tarrant and Grayson Counties

### Services:

- Matching of a volunteer with children ages 7 to 14 who are primarily from single-parent families.
- Provides case management services to clients and their families through local resources.

## Boys and Girls Clubs of Greater Dallas

4816 Worth St. Dallas, TX 75246

Location: Central (main office; centers throughout Dallas County)  
Phone: 214.821.2950  
Fax: 214.824.4989  
Website: [www.bgcdallas.org](http://www.bgcdallas.org)  
Hours: 3 p.m. to 7 p.m., during school calendar with extended hours in summer

Ages Served: 6-18

Area Served: Thirteen centers in Dallas, Mesquite, Grand Prairie and Richardson

### Services:

- Character and leadership development
- Career development
- Education on arts, health, life skills and sport recreation

### Locations:

Maple Lawn, 3120 Inwood Rd., 214.599.0784  
East Dallas, 4804 Worth St, 214.828.2200  
Grand Prairie, 1000 Enterprise Dr., 972.623.1698  
Mesquite, 4869 Gus Thomasson, 972.270.7645  
Oak Cliff, 2907 Linfield, 214.372.4661  
Richardson, 503 N. Central Expressway, 469.593.3418  
Turnkey, 6539 Treetop Ln., 972.225.4251  
Frazier Courts, 4907 Spring Ave. #106, 214.815.7437  
Vickery Meadow, 7001 Fair Oaks Ave., 214.815.0748  
West Dallas, 3019 Bickers St., 214.637.2752  
West Lake Village, 1057 Cascade #10170, Mesquite, 972.288.0758  
Wellington Place, 230 S. MacArthur Blvd. #315, Coppell, 972.462.1816  
Williams Prep, 1750 Biceroy Dr., 214.815.0781

## Boy Scouts of America / Circle 10 Council

8605 Harry Hines Blvd.

Dallas, TX 75235-0726

Phone: 214.902.6700  
Fax: 214.902.6789  
Email: [sferguso@bsamail.org](mailto:sferguso@bsamail.org)  
Website: [www.circle10.org](http://www.circle10.org)  
Hours: 8:30 a.m. to 5 p.m., M-F  
Ages Served: 7-21  
Languages: English and Spanish  
Area Served: Dallas and 11 surrounding counties

### Services:

- Citizenship, character development and personal fitness in a family environment.



## Bridge, The

See Metro Dallas Homeless Alliance

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## Brighter Tomorrows

P.O. Box 532151, Grand Prairie, TX 75053

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Phone: 972.263.0506 Admin  
972.262.8383 24-hour hotline  
972.263.3126 Grand Prairie outreach

Fax: 972.237.2565

Email: jana@brightertomorrow.net

Website: www.brightertomorrow.net

Hours: 9 a.m. to 5 p.m., M-F

Ages Served: All ages

Languages: English, Spanish

Area Served: DFW and Best Southwest

### Services:

- Hotline, shelter, transitional housing, crisis intervention and referral for survivors of domestic and sexual abuse
- Community education and parenting classes

## Bryan's House

P.O. Box 35868, Dallas, TX 75235

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Phone: 214.559.3946

Fax: 214.559.2827

Email: bryanshouse@bryanshouse.org

Website: www.bryanshouse.org

Hours: 24 hr

Ages Served: Families of children ages 0-12,  
Childcare and Respite: 0-12 years

Languages: Multi

### Services:

- Medically-managed childcare and respite care (including weekends) for families with children with special needs.
- Medically-managed care to HIV positive children and children of HIV positive families.
- Social workers also provide a range of intensive, client centered services that link individuals with health, psychological and other services as needed.

## Buckner Children and Family Services

5200 S. Buckner Blvd., Dallas, TX 75227

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Location: Northeast

Phone: 214.321.4526

Fax: 214.319.3495

Email: childrenfamily@buckner.org

Website: www.buckner.org

Hours: 8:30 a.m. to 5 p.m., M-F

Ages Served: 5 to 17

Languages: English

Area Served: Texas

### Services:

- Group care for children, foster families, family based care, community centers, adoption, maternity services, emergency assistance and social services.

## Calumet Community Center

321-A Calmet Ave, Dallas, TX 75211

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Location: Southwest

Phone: 214.467.1966

Fax: 214.467.1955

Email: jmira@calumetcenter.org

Website: www.calumetcenter.org

Hours: 9 a.m. to 6 p.m., M-F

Ages Served: 5 - 17

Languages: English and Spanish

Area Served: 75208, 75211, 75224 and 75233

### Services:

- Non- school hours and summer program (camp)
- Youth program
- Sports and recreation program
- Senior support program
- Computer lab

## Camp Fire USA Lone Star Council

4411 Skillman St., Dallas, TX 75206

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Location: Northeast (main office)

Phone: 214.824.1122

Fax: 214.824.1148

Email: admin@campfireusadallas.org

Website: www.campfireusa.org

Hours: 8:30 a.m. to 5 p.m., M-F

Ages Served: Boys and girls, 5-21

Languages: English and Spanish

Area Served: Dallas, Collin, Ellis, Kaufman,  
Rockwall Counties and parts of  
Denton County

### Services:

- Provides educational opportunities for boys and girls, ages 5-21 to realize their potential and function as caring, self-directed persons.
- Group activities for children and families teach skills in daily living, decision-making, community service and caring for our earth.
- Offers self-reliance courses to help children learn safety and crime prevention skills, to develop good citizenship and to resist negative peer pressure.

## Catholic Charities of Dallas, Inc.

9461 LBJ, Ste. 100, Dallas, TX 75243

**Location:** Central (main office)  
**Phone:** 214.520.6590  
**Fax:** 214.520.6595  
**Website:** www.catholiccharitiesdallas.org  
**Hours:** Central Office: 9 a.m. to 5 p.m.  
M-F, other sites vary; only administrative services offered at this site.  
**Ages Served:** All ages  
**Languages:** Multi  
**Area Served:** See specific agency

### Services:

- Maternity and adoption
- Licensed and accredited day care
- Older adult nutrition and services
- Adult education
- Immigration services and refugee resettlement
- Health clinics, thrift stores, food pantries, referrals and emergency assistance

### Service Sites (services vary by location):

- **Brady Center** - 4009 Elm St., 214.826.8330; Service area: 75204, 75206, 75223, 75226, 75246 and partial 75214
- **Professional Counseling & Children's Services** - 9461 LBJ Freeway, Ste. 100, 214.526.2772
- **World of Goods Resale Store** - 10677 E. Northwest Highway, Ste. 240, Dallas, TX 75238, 214.342.8231
- **Cross Family Center** - 4015 South Hampton, 214.6941.8596; Service area: 75203, 75208, 75216, 75224 and 75233  
1224 Main St., Garland, 214.287.2792  
180 Samuel Blvd. #412, Coppell, 972.462.0865
- **Family Assistance Center** - 1924 W. Jefferson Blvd, #102, 214.941.8596; Service area: 75203, 75208, 75211, 75216, 75224 and 75233
- **Immigration & Legal Services** - 5415 Maple Ave, #400, 214.634.7182
- **Marillac Social Center** - 2827 Lapsley St, 214.638.4997, Service area: 75211
- **Refugee & Empowerment Services** - 9850 Walnut Hill Ln., #228, 214.553.9909
- **People and Nutrition** - 4306 Shilling Way, Dallas, 75237, 214.330.1396 Ext: 121.
- **Saner Child Development Center at Marillac** - 2827 Lapsley St., Dallas, TX 75212, 214.638.1635

## Central Dallas Ministries

409 N. Haskell Ave., Dallas, TX 75246

### Mailing Address:

P.O. Box 710385, Dallas, TX 75371-0385

**Phone:** 214.823.8710 x20  
**Fax:** 214.284.5355  
**Email:** Info@CentralDallasMinistries.org  
**Website:** www.CentralDallasMinistries.org  
**Ages Served:** All ages  
**Languages:** English and Spanish

### Services:

- Emergency food assistance
- Medical/dental and legal assistance
- Workforce development/ technology training
- Summer day camps
- Thrift store and credit union
- Affordable housing

### Programs:

- **Food Pantry** - 409 N. Haskell, 214.823.8800
- **Thrift Store** - 409 N. Haskell, 214.823.8710 x11
- **Community Health Services** - 801 N. Peak St., 214.821.8644
- **Affordable Housing** - 214.573.2570
- **Project Access** - 214.824.8500
- **Destination Home** - 214.341.7800
- **Legal Action** - 214.827.1000
- **Technology Learning Center** - 214.823.4409
- **Education Outreach** - 214.498.6097
- **Transition Resource Action** - 214.370.9300

## Centro de mi Salud

628 Centre St., Dallas, TX 75208

**Location:** Southwest  
**Phone:** 214.941.0798  
**Fax:** 214.941.0408  
**Email:** Info@CentroMiSalud.com  
**Website:** www.centromisalud.com  
**Hours:** 9 a.m. to 8 p.m., M-Sat  
**Ages Served:** 4-17  
**Languages:** English, Spanish and Portuguese  
**Area Served:** Dallas County

### Services:

- Psychotherapy and case management for sexually and physically abused children.
- Individual, family and group counseling.
- ADHD, truancy, anger management, psychiatric and psychological evaluation.
- ESL classes and parenting classes

## Child Abuse Prevention Center (Formerly EXCAP)

2902 Swiss Ave., Dallas, TX 75204

Phone: 214.370.9810  
Fax: 214.824.6901  
Email: [excap@excap.org](mailto:excap@excap.org)  
Website: [www.excap.org](http://www.excap.org)  
Hours: 8:30 a.m. to 4:30 p.m., M-F  
Ages Served: All  
Area Served: Dallas County

### Services:

- Parent Aide Monitor - program provides in-home mentoring services to families referred by Child Protective Service Dallas Children's Advocacy Center.
- Shaken Baby Syndrome Education - provides community education to high school students, child care providers and other groups.
- Families First - provides a four hour education course for divorcing parents and a concurrent children's program.
- Healthy Families - provides in-home services to pregnant and parenting teens in targeted zip codes. Referrals from WIC, DISD and Parkland hospital.

## ChildCareGroup

8585 N. Stemmons Freeway #500 South,  
Dallas, TX 75247

Phone: 214.631.2273 24-hour hotline  
214.630.5949 Child care assistance  
Fax: 214.688.4436  
Email: [info@ccgroup.org](mailto:info@ccgroup.org)  
Website: [www.childcaregroup.org](http://www.childcaregroup.org)

### Services:

- Provides or manages care of more than 14,000 children from low-income families.
- Provides family-focused quality child care to infants, toddlers and preschoolers.
- Helps find quality child care in 42 counties in North Texas.
- Administers a food and nutrition program.

## Child and Family Guidance Centers

8915 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest (main office)  
Phone: 214.351.3490  
Fax: 214.352.0871  
Website: [www.childrenandfamilies.org](http://www.childrenandfamilies.org)  
Hours: 9 a.m. to 5 p.m., M-F  
After hours appointments available

Ages Served: Adolescents, Teen and Adult  
Languages: English and Spanish  
Area Served: Clinics in Dallas, Mesquite and Plano

### Services:

- Outpatient mental health- individual, family, marital and children's play therapy.
- Psychiatric rehabilitation for emotionally disturbed children (3-17)
- Skills training, behavior management, case management, medication management and therapy.
- Assessments: individual and family clinical, substance, medication and psychiatric evaluation.
- Divorce education classes for adults and children, skills and strategies for coping with separation, loss and family restructuring related to divorce. (One 4-hour class: \$55 per adult, \$25.00 per child)
- Parent training classes. (please call for details)

### Payment Options:

- Self-pay, private insurance, NorthSTAR, Medicaid/Medicare and governmental contracts: Department of Family and Protective Services and Texas Commission on Alcohol and Drug Abuse. Sliding scale available based on financial assessment.

### Clinic Locations:

- **Main Office** – 8915 Harry Hines Blvd., Dallas
- **Plano Office** – 4031 W. Plano Pkwy, Ste. 211
- **Mesquite Office** - 120 W. Main St., Ste. 220
- **South Dallas/Oakcliff** - 210 W. Tenth St.

## Child Protective Services

*See Dept. of Family and Protective Services*

## Child Support Enforcement Division

Dallas County Domestic Relations Office (DRO)

600 Commerce St., Suite 128

Dallas, TX 75202

Phone: 214.653.7584  
Fax: 214.653.7574  
Website: [www.dallascounty.org/department/childsupport/childsupport\\_intro.html](http://www.dallascounty.org/department/childsupport/childsupport_intro.html)  
Email: [childsup@dallascounty.org](mailto:childsup@dallascounty.org)  
Hours: 8 a.m. to 4:30 p.m.

### Services:

- Enforce child support orders that are in the CARE Program, ordered by Dallas County Family District Courts after October 2005.
- Provides information to other resources, such as the Texas Attorney General Office location that may be able to assist you.

## Children First Counseling Center

509 NE 4th Street #200

Grand Prairie, TX 75050

Phone: 972.264.0604  
Fax: 972.264.9998  
Email: office@childrenfirstinc.org  
Website: www.childrenfirstinc.org  
Hours: 9 a.m. to 8 p.m., M-F  
9 a.m. to 5 p.m., Sat.  
Counseling by appointment only

Ages Served: 3 - elderly

Languages: English and Spanish

Area Served: Grand Prairie, Eastern Dallas Co.

### Services:

- Child abuse and neglect prevention
- Individual, couple and family counseling and support groups
- Batterers and survival skills groups
- Domestic violence counseling
- Mentoring, anti-gang and Shaken Baby programs
- Parenting Classes
- Juvenile offender program
- Speakers

## Children's Health Insurance Program

*CHIP, Children's Medicaid & CHIP Perinatal*

Phone: 1.877.KIDS.NOW (1.877.543.7669)  
Website: www.chipmedicaid.org  
Hours: 8 a.m. to 8 p.m.

### Services:

- Children's Health Insurance Program - offers affordable health insurance coverage for children (0-18) through CHIP and Children's Medicaid. Children must be a US citizen or Legal Permanent Resident to apply.
- Texas residents who are pregnant, uninsured and not eligible for Medicaid may qualify for CHIP Perinatal benefits.
- Coverage starts before the child is born and continues after the child's birth. Total perinatal coverage is 12 continuous months from the date the unborn child is enrolled.
- Benefits include up to 20 prenatal visits and coverage for the child after birth.

*See also the Community Council of Greater Dallas for free help in filling out the forms and applying for these benefits.*

## Children's Medical Center of Dallas

*REACH Program and Clinic*

1935 Medical District Dr., Dallas, TX 75235

Location: Northwest  
Phone: 214.456.6919  
Fax: 214.456.6401  
Website: www.childrens.com  
Ages Served: 0-18  
Languages: English and Spanish  
Area Served: Dallas County

### Services:

- Specialized medical evaluations of children and adolescents who are suspected of having been victims of child abuse and neglect.
- Outpatient medical evaluations, inpatient consultations, psychosocial assessments, referrals to counseling and other community resources, case review consultation, and expert testimony in criminal and civil court cases. Referrals must come from Dallas CPS, police divisions in Dallas County, the District Attorney's office or a physician.

## Christian Care Center, Inc. (CCC)

1000 Wiggins Parkway, Mesquite, TX 75150

Phone: 972.686.3100  
Email: jjordan@cccinc.net  
Website: www.cccinc.net

### Services:

- Operates two community homes for adults with mental retardation.
- ICF-MR Levels 1 and V. Residents attend workshops during the day to move employment if possible. Admissions are directed through the Information, Assessment and Referral Unit (DCMHMR) at 214.948.9950.

## Christian Heights Adult Care Center

4708 Wadsworth Drive, Dallas, TX 75216

Phone: 214.371.4285  
Fax: 972.492.5402  
Email: lovinadcare@yahoo.com  
Ages Served: 18 and up

### Services:

- Provides day care services for adults with physical and cognitive disabilities.



## Christian Works for Children

(formerly Christian Services)

6320 LBJ Frwy, Ste 122, Dallas, TX 75240

Phone: 972.960.9981

Fax: 972.960.0062

Website: [www.christian-works.org](http://www.christian-works.org)

Ages Served: 5-18 (Grief Works); All ages-  
Counseling Works, Adoption Works

Area Served: Dallas and surrounding counties

### Services:

- Individual, family and marital counseling.
- Grief support groups for children and adolescents.
- Adoption and maternity services.

## City of Dallas Services

### Air Pollution - 214.948.4435

Enforces government regulations for air pollution;  
Monitors air quality throughout Dallas.

### Adult Health Services - 214.670.0521

Nurse-managed health screening clinics provide health assessments, screening for various health problems, socio-economic needs assessments, crisis intervention, home visits and referrals for Dallas residents age 18 and over with special emphasis on senior citizens.

### Child Care Services - 214.670.8258

Seeks to remove financial and geographic barriers to quality child care.

### Child Health Services (see below)

Provides physical exams; screening for anemia, lead and TB; developmental and nutritional assessments; anticipatory guidance and immunizations to children from birth to 10 years. Sliding fee scale. Medicaid accepted.

**Housing Authority** - 3939 North Hampton Rd.,  
Dallas, TX 75212, 214.951.8300

### Clinic Locations:

**John West Health Center** - 3312 N. Buckner, suite  
205, 214.243.1527

### Services:

- Provides quality affordable housing to low-income families and individuals.

**Oak Cliff Health Center** - 300 N. Ewing  
214.670.7482

**North Dallas Health Center** - 8001 LBJ Freeway,  
suite 200, 214.670.6555

**West Dallas Health Center** - 2828 Fishtrap  
214.670.7152

### Child Lead Poisoning Prevention - 214.670.7663

Provides blood lead testing for children, birth to 14 years of age; community outreach and education, environmental investigation and case management.

### Crisis Intervention - 214.671.0685

Addresses the problems of elderly abuse, psychiatric services and volunteer advocacy. The program provides in home psycho-social assessment, case management, community based counseling services and volunteer peer advocacy.

### Food Protection and Education - 214.670.8083

Inspects and monitors retail food.

### Homeless Services - 214.670.4881

Provides crisis intervention health care, job readiness, placement, substance abuse counseling, casework services, day shelter, other social work response to special program areas throughout the city.

### Martin Luther King, Jr. Family Clinic - 214.426.3645

Provides a variety of health, education and human services through the City of Dallas EHS and other community agencies.

### Senior Affairs - 214.243.2049

Advocacy office for older adult concerns of Dallas Citizens.

### Vector Control - 214.948.4429

Monitors for mosquito borne diseases and conducts mosquito control activities.

### Vital Statistics - 214.670.3248

Records all births and deaths in Dallas. Certified copies of birth and death certificates can be obtained by qualified individuals for a nominal fee.

### West Dallas Multipurpose Center - 214.670.6353

Provides a variety of health, education and human services through the City of Dallas EHS and other community agencies.

### Youth Services - 214.243.1586

Develops, implements and advocates programs and services which promote youth development.

### Woman, Infant & Children (WIC) Program - 214.670.7200

Provides supplemental food and nutrition education for pregnant, breastfeeding and postpartum women and infants and children up to the age of five. Provides nutrition counseling and classes, breastfeeding instructions and support and breast pumps. There are many WIC clinics throughout Dallas County.

## Communities in Schools Dallas Region, Inc. (CISDR)

8700 N. Stemmons Frwy., Suite 125  
Dallas, TX 75247

Location: Central (main office)  
Phone: 214.827.0955  
Fax: 214.827.2198  
Website: [www.cisdallas.org](http://www.cisdallas.org)  
Hours: 8 a.m. to 4:30 p.m.  
Ages Served: PreK-12th grade  
Languages: English and Spanish  
Area Served: Dallas, Collin and Ellis Counties

### Services:

- On-campus, stay-in school program for at-risk students in grades pre K-12.
- Provides crisis prevention and intervention, early gang intervention and prevention
- Personal and family support counseling
- Academic enhancement, pre-employment skills training, job placements
- Agency referrals and follow-up assistant
- CISDR currently serves 50 schools in the Dallas, Carrollton, Farmers Branch, Irving, McKinney, Midlothian, Richardson and Plano IDS, with mobile services specialists providing additional support to these districts.

## Community Council of Greater Dallas

1349 Empire Central #400, Dallas, TX 75247

Location: Central  
Phone: 214.871.5065  
Fax: 214.871.7442  
Email: [admin@ccgd.org](mailto:admin@ccgd.org)  
Website: [www.ccdg.org](http://www.ccdg.org)  
Hours: 8:30 a.m. to 5 p.m., M-F  
Ages Served: All Ages  
Languages: Spanish  
Area Served: Dallas County

### Services:

- 211 Texas InfoLine (211) provides free information and referral to human service providers in Dallas and seven other counties, 24 hours a day, 7 days a week.
- Offers free help to families in filling out forms and applying for CHIP/Children's Medicaid, TANF and SNAP/Food Stamps- call 214.954.4213.
- Publishes the Nonprofit Salary and Benefits Survey, Sourcebook and other resource publications.
- Operates the Dallas Community Youth Development (CYD) program in zip codes 75216 and 75217. It is designed to alleviate family and community conditions that lead to juvenile crime.

- Home of the Dallas Area Agency on Aging. The Aging Information Office (Dial 214.379.INFO or 211) provides information and referral; benefits counseling for seniors. Access and assistance for grandparents raising grandchildren.

## Community Dental Care

1420 W. Mockingbird, Ste. 500  
Dallas, TX 75247

Phone: 214.630.7080  
Fax: 214.630.7085  
Website: [www.communitydentalcare.org](http://www.communitydentalcare.org)  
Hours: 8 a.m. to 4:30 p.m., M-F  
Languages: English and Spanish  
Ages Served: 0-18  
Area Served: Clinic sites in Dallas and Collin County who meet low-income eligibility requirements.

## Community Options

8604 Greenville Ave. Ste. 100  
Dallas, TX 75243

Phone: 972.503.3901  
Fax: 972.503.3898  
Website: [www.comop.org/texasdallas.html](http://www.comop.org/texasdallas.html)  
Services:

- Offers home and community based services (HCS) which includes foster care and companion services, supported home living and 24-hour residential services to individuals diagnosed with developmental disabilities.
- Primary contracted services include occupational therapy, physical therapy, supported employment, day habilitation and nursing.

## CONTACT Crisis Line

P.O. Box 800742, Dallas, TX 75380

Phone: 972.233.0866 Admin  
972.233.2233 Adult 24-hour hotline  
972.233.TEEN  
972.233.2428 Spanish  
Fax: 972.233.2427  
Website: [www.contactcrisisline.org](http://www.contactcrisisline.org)  
Email: [thutter@contactcrisisline.org](mailto:thutter@contactcrisisline.org)  
Hours: 24-hour (crisis line);  
9 a.m. to 5:30 p.m., M-F (Admin)  
Ages Served: Adolescents and adults  
Area Served: Dallas County



**Services:**

- Confidential telephone crisis prevention and intervention, information and referral, emergency aid and community education.
- Emergency aid includes emergency transportation and prescription assistance.
- Community education, speakers on suicide and crisis prevention and intervention.
- Teen outreach and education programs available.

**Counseling Institute of Texas**

705 W. Avenue B, Suite 200  
Garland, TX 75040

Phone: 972.494.0160  
Fax: 972.494.0431  
Email: office.cit@verizon.net  
Hours: 9 a.m. to 9 pm, M-Th  
9 a.m. to 4 p.m., F-S  
Ages Served: Children, adolescents and adults  
Languages: English and Spanish  
Area Served: Garland and surrounding areas and Dallas Metroplex

**Services:**

- Individual, marital, family and group therapy
- School truancy/drop out prevention
- Sexual abuse and sex offender treatment
- Diagnostic evaluation and referrals
- Speakers

**Dallas Association for Parent Education**

775 S. Central Expressway, Suite 1-T  
Richardson, TX 75080

Phone: 972.699.0420  
972.699.7742  
Fax: 972.699.0438  
Email: dallasparents@hotmail.com  
Website: www.dallasparents.org  
Hours: 9 a.m. to 3 p.m., M-F  
Class times vary  
Ages Served: Parents and caregivers of children 0-12  
Area Served: Dallas Metroplex

**Services:**

- Parenting, childbirth, CPR, first aide, baby care and breastfeeding classes
- Parent education workshops
- Support groups on postpartum depression
- Parent group speakers
- Phone line for non medical, non-crisis concerns

**Dallas Bar Association**

2101 Ross Ave., Dallas, TX 75201

Phone: 214.220.7400  
Fax: 214.220.7465  
Website: www.dallasbar.org  
Hours: 8:30 a.m. to 4:30 p.m., M-F

**Services:**

- Provides referrals to lawyers for a \$20 fee.

Legal Line: 214.220.7476  
Hours: 5:15 to 8 p.m., 2nd and 3rd  
Wednesdays of the month

**Services:**

- Answers simple legal questions by phone and provides referrals to other legal resources.

**Dallas Bethlehem Center, Inc.**

4410 Leland Ave., Dallas, TX 75215

Location: Southeast  
Phone: 214.428.5171  
Fax: 214.428.5180  
Website: www.dallasbethlehemcenter.org  
Hours: 7 a.m. to 6:30 p.m., M-F  
Ages Served: 6 weeks – 12 years  
Area Served: South Dallas including 75210 and 75215

**Services:**

- Day care for children 6 weeks to 5 years of age
- After school care for children 5 to 12 years of age
- Emergency food voucher program for women with children and the elderly
- Computer lab
- Full day summer program for children 5 to 12 years of age
- Pre kindergarten program
- Annual health fair, Thanksgiving dinner and Christmas outreach program

**Dallas CASA**

2815 Gaston Ave., Dallas, TX 75226

Location: Central  
Phone: 214.827.8691  
Fax: 214.827.8973  
Email: info@dallasCasa.org  
Website: www.dallascasa.org  
Hours: 9 a.m. to 5 p.m., M-F  
Ages Served: 0 to 18  
Languages: English and Spanish  
Area Served: Dallas County

**Services:**

- Recruits, trains and supervises volunteers to serve as court appointed advocates for the best interests of abused, abandoned and neglected children in protective care.

## Dallas Center for the Developmentally Disabled

8550 Cadenza Lane, Dallas, TX 75228

Phone: 214.328.4309  
 Fax: 214.328.7486  
 Email: [dallascenter@dallascenterfordd.org](mailto:dallascenter@dallascenterfordd.org)  
 Website: [www.dallascenterfordd.org](http://www.dallascenterfordd.org)

**Services:**

- Services for babies, toddlers and adults with developmental disabilities including comprehensive early childhood interventions, adult day activities, prevocational programs, extended care hours and hot lunch.

## Dallas Challenge, Inc.

201 S. Tyler, Dallas, TX 75208

Location: Southwest  
 Phone: 214.942.5166  
 Fax: 214.942.6066  
 Website: [www.dallaschallenge.org](http://www.dallaschallenge.org)  
 Ages Served: 8 to 22  
 Languages: English and Spanish  
 Area Served: Dallas County

**Services:**

- Chemical assessment and referrals
- Anger Management
- Truancy (missing school) prevention program – provides case management, educational support and skills development to help students at risk of gang involvement and other high risk behaviors.
- Gang prevention program – provides youth with alcohol and drug education, tutoring and other services to reduce the risk of gang involvement.

## Dallas Children's Advocacy Center

3611 Swiss Ave., Dallas, TX 75204

Location: Central  
 Phone: 214.818.2600  
 Fax: 214.823.4819  
 Website: [www.dcac.org](http://www.dcac.org)  
 Hours: 8:30 a.m. to 5 p.m., M-F  
 9 a.m. to 3 p.m., Sat.  
 Languages: English and Spanish  
 Area Served: Dallas County

**Services:**

- Serves child victims of sexual and physical abuse through coordinated, multi-disciplinary team of police, prosecutors, CPS, therapists and medical personnel.
- Education and training on prevention and intervention.
- Clients must be referred by CPS, police departments, District Attorney's Office or Children's Medical Center.

## Dallas Concilio of Hispanic Service Organizations

400 S. Zang Blvd. Suite 300  
 Dallas, TX 75208

Phone: 214.818.0481  
 Fax: 214.818.0485  
 Email: [concilio@dallasconcilio.org](mailto:concilio@dallasconcilio.org)  
 Website: [www.dallasconcilio.org](http://www.dallasconcilio.org)  
 Hours: 8 a.m. to 5 p.m.  
 Ages Served: All  
 Languages: English and Spanish  
 Area Served: Dallas and surrounding Counties

**Services:**

- Diabetes education, prescription drug card enrollment, parent involvement

## Dallas Healthy Start

4917 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest  
 Phone: 214.590.1670  
 Fax: 214.590.1672  
 Hours: 8 a.m. to 5 p.m.  
 Ages Served: Women of child bearing ages, specifically target pregnant women  
 Website: [http://parklandhospital.com/medical\\_services/women\\_infants/healthy\\_start.html](http://parklandhospital.com/medical_services/women_infants/healthy_start.html)  
 Languages: English and Spanish  
 Area Served: 75210, 75215, 75212, 75216 and 75231

**Services:**

- Community based program that provides health education, outreach and case management services and coordinates a continuum of care for maternal and child health providers/agencies.
- Case management services are provided to high risk women and infants through 2 years of age.

## Dallas Independent School District

3700 Ross Ave., Dallas, TX 75204

Location: Central (main office)  
Phone: 972.925.3700  
Fax: 972.925.3701  
Website: www.dallasisd.org  
Hours: 7:30 a.m. to 4:30 p.m., M-F  
Area Served: Dallas ISD

### Programs:

**Abstinence/Sexuality Education** - 214.932.5132

**Before & After School Programs** - 972.794.3650

**Child Abuse Reporting** - 888.572.2873

**Child Find** - Identifies, locates and evaluates children ages 0-21 with special needs - 972.581.4765 (English); 972.581.4764 (Spanish)

**Counseling Services** - 972.925.3505

**Dallas Council of PTAs** - 972.925.3169

**Even Start** - Educational program for families with children ages 0-7; adult education, early childhood enrichment and parent education, 972.925.6779

**HIPPY (Home Instruction Program for Preschool Youngsters)**, 972.925.6792

**Homeless Children and Youth Services** - Information and referral and after-school programming, 972.794.4513

**Law Enforcement Teaching Students (LETS)** Life skills instruction by Dallas Police Officers for 4th & 6th grade - 214.671.4239

**Pregnancy, Education and Parenting** - Child care and transportation referral and assistance to pregnant and parenting teen students - 972.925.3386

**Psychological and Social Services**, 972.979.7940

**Special Education Parent Hotline**, 972.581.4100

**Student Support and Special Services** - Health, mental health, social services and diagnostic and assessment services - 972.925.5500

**Safe & Drug Free Schools/Intervention & Prevention Programs** - Social and life skills and character education, drug testing, bullying, peer mediation. 972.925.8040

**Youth and Family Centers** - 972.581.4770

## Dallas Life Foundation

1100 Cadiz, Dallas, TX 75215

Location: Southeast  
Phone: 214.421.1380  
Fax: 214.426.5114  
Website: www.dallaslife.org  
Hours: 8 a.m. to 4 p.m., M-F  
Check In Time - 3 p.m. to 6 p.m.

Ages Served: All Ages

### Services:

- Emergency shelter for homeless that provides meals, counseling, vocational classes, senior educational programs, arts, crafts and recreational opportunities.

## Dallas Metrocare Services

*Child and Adolescent Mental Health*

Phone: 1.877.283.2121  
Website: www.metrocareservices.org  
Ages Served: 0-17

### Services:

- Offers a full array of outpatient services.
- Intensive outpatient services include home-based birth to six programming and a therapeutic preschool partial day nursery for children 3 to 6.
- Also offers Therapeutic Foster Homes for children and adolescents.

### Program Locations:

#### Eastside Family Center

4701 Samuel Blvd, Dallas, TX 75228

Location: Northeast  
Phone: 214.381.7070  
Hours: Day and evening appointments  
Ages Served: 6-17

#### Grand Prairie Family Clinic

405 Stadium, Grand Prairie, TX 75052

Phone: 972.504.6079  
Fax: 972.264.8450

#### Metrocare – Garland Hub

221 S. 9th Street, Garland, TX 75040

Phone: 972.494.8894  
Fax: 972.485.9334

#### Westside Family Clinics

1353 N. Westmoreland, Bldg. B, Dallas, TX 75211

Phone: 214.331.0107 (Clinic)  
214.333.7015 (Other Services)

## 1. Westside Family Clinic

### Services:

- Outpatient services include: Evaluation, diagnosis and assessment. Clinical psychiatric services, individual family and group therapy. Rehabilitation and parent training.

## 2. Family Preservation

Contact: Unaka Jones

### Services:

- Serves children and adolescents who are at imminent risk for out-of-home treatment due to symptomology. Serves as a step down from hospital care. Provides in-home complete wrap services.

## 3. Treatment Foster Care Program

Contact: Marvin Williams

Ages Served: 0-17

### Services:

- Serves as an alternative to hospitalization, or a step down from hospitalization, back to the community.

## 4. Therapeutic Preschool Day Program

Contact: Lori Pollard

Ages Served: 3-5

### Services:

- Serves children experiencing significant behavioral problems at home, in day care or kindergarten.

## Dallas Park & Recreation Dept. Youth Services

5620 Parkdale, Dallas, TX 75227

Location: Various across the City

Phone: 214.670.8039

Fax: 214.670.0388

Website : [www.dallasparks.org](http://www.dallasparks.org)

Hours: 3 to 6 p.m.

Ages Served: 6 to 12

Languages: English and some Spanish

Area Served: City of Dallas

### Services:

- Partners with DISD for after-school enrichment programs in select schools for ages 6-12 free of charge. Check with your school or call 214.670.8039.
- 45 recreation centers operated by the City of Dallas that offer after-school programs. Prices and program offerings vary from center to center.
- All programs offered by Dallas Park and Recreation Department are enrichment programs and are not licensed child care.

## Dallas Police Department

Youth and Family Crimes Division

1400 S. Lamar St., Dallas, TX 75215

Location: Central

Phone: 214.671.4268

Area Served: City of Dallas

### Services:

- Serves youth and victims of family violence. Child abuse squad.
- Youth Services Program (diversion program for youth 10-16).
- Missing persons/runaway information.

## Dallas Pregnancy Resource Center

12959 Jupiter Rd. Ste 260, Dallas, TX 75238

Location: Northeast

Phone: 214.343.9263

Fax : 214.343.1119

Website: [www.dallasprc.com](http://www.dallasprc.com)

Hours: 9:30 a.m. to 8 p.m., M,Th

9:30 a.m. to 5:30 p.m., T,W

Ages Served: All

Area Served: Northeast Dallas, Garland, Mesquite, Central and East Dallas

### Services:

- Pregnancy testing, medical consultation, maternity and baby clothes, diapers and formula.
- Prenatal, parenting, budgeting and nutrition classes.

### Second Location:

6500 Greenville Ave, Ste 405, Dallas 75206

Phone: 214.369.6281

Fax: 214.369.6233

Hours: 9:30 a.m. to 5:30 p.m., M and W

9:30 a.m. to 8 p.m., T and Th

### Third Location:

3901 Holystone St. Dallas, TX 75212

Phone: 214.905.9068

Hours: 9:30 a.m. to 5:30 p.m., M and W

9 a.m. to 1 p.m. first and third Saturdays

## Dallas Services

4242 Office Parkway, Dallas, TX 75204

Location: Central

Phone: 214.828.9900

Fax: 214.828.9901

Website: [www.DallasServices.org](http://www.DallasServices.org)

Hours: 7 a.m. to 6 p.m., M-F (Day School), other programs vary.  
8:30 a.m. to 4:30 p.m. Low Vision Clinic and Therapies Clinic.

Ages Served: 0-16 (Therapies Clinic)  
6 wks-6 yrs (Dallas Day School)  
PreK-18 yrs (Eyeglasses for School Kids Program)

All Ages: (Low Vision Clinic)

Languages: English, Spanish.

**Services:**

- Dallas Day School prepares children for success in school and provides inclusive environment for children with or without special needs.
- Low Vision Clinic for adults and children. Clinics still in development.

## Denton State School- Respite

3980 State School Rd., Denton, TX 76210

Phone: 940.591.3630

**Services:**

- Specialized respite services for teens and adults who are mentally retarded and medically fragile or have behavioral problems. Respite to be coordinated through Dallas MetroCare Services.

## Department of Family & Protective Services Child Protective Services

8700 N. Stemmons, Dallas, TX 75247

1050 N. Westmoreland, Dallas, TX 75211

Location: Central

Phone: 214.331.7700

214.951.7902

800.252.5400 (24 hour hotline)

Website: [www.dfps.state.tx.us](http://www.dfps.state.tx.us)

Ages Served: 0-18

Area Served: Dallas County

**Services:**

- Protective services to dependent, abused, neglected, abandoned and exploited children.
- Services include investigation, family counseling, case management, foster homes, adoption, disproportionality, kinship care and family group conferencing.

## Dispute Mediation Service, Inc.

4144 N. Central Expressway Ste. 1010

Dallas, TX 75204

Location: Central

Phone: 214.754.0022

Fax: 214.754.0378

Email: [lagilbert@dms-adr.org](mailto:lagilbert@dms-adr.org)

Website: [www.dms-adr.org](http://www.dms-adr.org)

Hours: 8:30 a.m. to 5:30 p.m., M-F;  
other by appt.

Ages Served: Adults and Youth

**Services:**

- Trained mediators assist in resolving disputes, including divorce, family, neighborhood, consumer, landlord/tenant, employee/employer, accident, insurance, business and probate.
- Training, consultation and information and referrals.

## Downtown Pregnancy Center

525 N. Ervay St., Dallas, TX 75201

Location: Central

Phone: 214.969.2433

Fax: 214.969.7869

Website: [www.downtownpc.org](http://www.downtownpc.org)

Hours: 9 a.m. to 6 p.m., M, Th  
10 a.m. to 8 p.m., T, W

Ages served: All ages

Languages: English and Spanish

Area Served: East, South, West Dallas and Irving

**Services:**

- Pregnancy testing, counseling, referrals, pre-natal and parenting courses and CPR classes.

## East Dallas Cooperative Parish

1314 N. Munger Blvd., Dallas, TX 75201

Location: Northeast

Phone: 214.823.2015

Email: [edcp@swbell.net](mailto:edcp@swbell.net)

Hours: 9 a.m. to 4:30 p.m., M-F (Admin)

Ages Served: All ages

Area Served: East Dallas

**Services:**

- Cooperative of 13 churches providing emergency services, clothing rack and food pantry.
- Senior center, latch key program, English language ministry preschool, youth activities and job bank.
- Medical and legal clinics; services to persons with HIV/AIDS.



## Estates of Grand Prairie

1005 SW 3rd St., Grand Prairie, TX 75051

Phone: 972.237.1905  
Fax: 972.237.5964  
Email: [estategp@aol.com](mailto:estategp@aol.com)  
Ages served: 18+

### Services:

- Structured day program offering personalized care services, rehab services, social services, activities, nursing, therapy, exercise, outings and nutrition services.
- Cost: Medicaid, Medicare, private pay (varies), Texas Dept. of Human Services contractor.
- Criteria: Must have primary medical diagnosis and doctors orders.

## Exodus Ministry

4630 Munger Ave. #110, Dallas, TX 75204

Location: Central  
Phone: 214.827.3772  
Fax: 214.821.8903  
Website: [www.exodusministriesdallas.org](http://www.exodusministriesdallas.org)  
Hours: 9 a.m. to 6 p.m., M-F  
Languages: English and Spanish

### Services:

- Reunites female ex-offenders with their children under age 12, food, clothing and shelter.
- Families receive budgeting skills, parenting education, counseling and job search classes.
- Transitional housing, 9-12 month program.

## Family Care Connection (Parents As Teachers)

6969 Pastor Bailey Dr. # 140,  
Dallas, TX 75237

Phone: 972.298.3366  
Fax: 972.920.8494  
Website: [www.familycareconnection.org](http://www.familycareconnection.org)  
Hours: 9 a.m. to 5 p.m.

Appt hours are flexible  
Ages Served: 0- Seniors with emphasis on teen/  
young adult parents and  
grandparents raising grandchildren

Languages: English and Spanish

Area Served: Dallas

### Services:

- Parent education, case management, marriage and family enrichment and life skills.

## Family Gateway

711 S. St. Paul St., Dallas, TX 75201

Location: Central  
Phone: 214.741.6515  
Fax: 214.761.5658  
Email: [info@familygateway.org](mailto:info@familygateway.org)  
Hours: 8 a.m. to 5 p.m., M-F

Housing 24 hours

Ages Served: Families with children; adults 18  
and older

Area Served: Dallas County

### Services:

- Short and long term transitional housing for homeless families with children.
- Case management, including counseling, referrals, parenting, budgeting and nutrition training.
- Children's programs, pre-employment skills training and follow-up.

## Family Outreach Center- Dallas

9100 Diceman, Dallas, TX 75218

Location: Whiterock Lake area  
Phone: 214.321.6292  
Fax: 214.321.6426  
Email: [info@dallasfamilyoutreach.org](mailto:info@dallasfamilyoutreach.org)  
Website: [www.dallasfamilyoutreach.org](http://www.dallasfamilyoutreach.org)  
Hours: 9 a.m. to 5 p.m., M-F; evening and weekend programs

Languages: English and Spanish

Area Served: Northeast Dallas County, including Mesquite

### Services:

- In-home visitation including PAT® for children up to age 5, emphasis on teen parents and at-risk families: parent education series and child safety programs.
- Community education

## Family Outreach Center- Irving

600 W. Pioneer Pkwy, Irving, TX 75061

Phone: 972.721.6590  
Fax: 972.721.6564  
Hours: 9 a.m. to 4 p.m., M-F  
evening and weekend programs

Ages Served: Families with children 0-12

Languages: English

Area Served: City of Irving



**Services:**

- In-home casework/parent mentoring, information and referral, parenting classes and community awareness through partnership between CPS and community volunteers.

**Family Outreach Center- Richardson/Plano**

2205 Los Rios, Plano, TX 75074

Phone: 972.633.6713  
 Fax: 972.516.5766  
 Hours: 9 a.m. to 4 p.m., M-F  
 evening and weekend programs  
 Ages Served: Families with children 0-18  
 Languages: English  
 Area Served: Richardson, Far North Dallas,  
 Collin County

**Services:**

- In-home casework/parent mentoring, information and referral, parenting classes and community awareness. Run by community volunteers.

**Family Place, The**

P.O Box 7999, Dallas, TX 75209

Phone: 214.559.2170 (Admin)  
 214.941.1991 (Hotline)  
 214.443.7701 (Outreach)  
 Fax: 214.443.7797  
 Website: www.familyplace.org  
 Hours: Shelter/Hotline (24 hr.)  
 Outreach 9 a.m. to 5 p.m.,  
 Evenings by appointment;  
 Admin 9 a.m. to 5 p.m.  
 Ages Served: All ages  
 Languages: Spanish  
 Area Served: Dallas County (not limited to  
 Dallas County)

**Services:**

- Hotline, shelter, transitional housing; outreach counseling for adults and children.
- Batterer's counseling, incest recovery, Faith & Liberty Supervised Visitation & Exchanges (court referrals only); youth educational services.
- Fees: All services are free with the exception of supervised visitation (sliding scale fee) and batterer's counseling.

**Found Options Pregnancy Center**

(formerly Living Choice Crisis Pregnancy Center)

650 Big Stone Gap, Duncanville, TX 75137

Phone: 972.298.1900  
 Fax: 972.298.7155  
 Hours: Mon. 10 a.m. to 4 p.m., 6 to 9p.m.  
 Tues. 1 to 4 p.m.  
 Wed. 10 a.m. to 1 p.m., 7 to 9 p.m.  
 Thurs. 6 to 9 p.m.  
 Fri. 10 a.m. to 1 p.m.  
 1st and 3rd Sat, 10 a.m. to 1 p.m.

Ages Served: 12-50  
 Languages: English and Spanish

**Services:**

- Free pregnancy testing, counseling, parenting and birthing classes.
- Adoption through our agency chosen Heritage Christian Adoption Services.
- Residential living through our maternity homes.

**Friday NITE Friends**

6601 Custer Rd., Plano, TX 75025

Phone: 972.618.3450 ext: 247  
 Fax: 972.618.3778  
 Email: fridaynitefriends@crumc.org  
 Website: www.fridaynitefriends.org

**Services:**

- A center-based respite program for children who are medically fragile or chronically ill and their siblings. Open every Friday evening.
- The Medical component is staffed by licensed Home Health nurses and screened, trained volunteers. The sibling component meets concurrently (in another room) and is staffed by screened, trained volunteers.

**Galaxy Counseling Center**

1025 S. Jupiter Rd., Garland TX 75042

Phone: 972.272.4429  
 Fax: 972.494.2812  
 Email: ccampos@galaxycounseling.org  
 Website: www.galaxycounseling.org  
 Hours: 9 a.m. to 9 p.m., M-Th  
 9 a.m. to 5 p.m., F  
 9 a.m. to 3 p.m., Sat

Ages Served: All ages  
 Languages: English and Spanish  
 Area Served: Greater Dallas, Garland, Mesquite,  
 Richardson, Plano

**Services:**

- Individual, group, family, marital and group therapy
- Anger management groups, truancy intervention and prevention groups. Sexual abuse groups.
- Depression, grief, anxiety. Step-family issues. Parent/child conflicts. Psychological testing and assessments.
- Sliding scale services.

**Genesis Women's Shelter***Drawer G, Dallas, TX 75208*

Phone: 214.942.2998 (shelter, 24 hr)  
214.389-7700 (outreach)

Fax: 214.943.9269

Email: shammond@genesishelter.org

Website: www.genesishelter.org

Hours: Outreach 9 a.m. to 9 p.m., M-Th  
9 a.m. to 5 p.m. - F  
24-hour hotline

Ages Served: All ages

Languages: English and Spanish

Area Served: DFW (only)

**Services:**

- Hotline, emergency shelter, transitional housing, counseling and support and advocacy for battered women and their children.
- Information and referral, aftercare program, Hispanic education and outreach, speakers bureau, sexual assault program, parenting groups.
- Resale/thrift shop.

**Girls Inc.***2040 Empire Central Dr., Dallas, TX 75235*

Location: All areas

Phone: 214.654.4530

Fax: 214.350.8115

Hours: 3 to 7 p.m., afterschool;  
7:30 a.m. to 6 p.m., summer M-F

Ages Served: 6-18, girls

Area Served: 4 campuses in Oak Cliff, South Dallas, West Dallas and Love Field

Email: info@girlsincdallas.org

Website: www.girlsincdallas.org

**Services:**

- Career and life planning, healthy sexuality, leadership and community service, self reliance and life skills, educational enrichment, sports, adventure, culture and heritage.
- Tutoring, teen pregnancy prevention, substance abuse prevention.

**Locations:**

**Love Field**, 2040 Empire Central - 214.654.4550

**Oak Cliff**, 350 N. Zang - 214.941.0787

**South Dallas**, 4411 Meadow - 214.426.2691

**West Dallas**, 2607 Toronto - 214.630.0868

**Grand Prairie Housing and Community Development Housing Assistance**

*205 West Church St.,  
Grand Prairie, TX 75050*

Phone: 972.237.8176

Fax: 972.237.8340

**Grand Prairie Food & Clothing Co-Op***118 NE 4th St., Grand Prairie, TX 75050*

Phone: 972.264.8540

Fax: 972.264.6920

Hours: 9 to 11:30 a.m., M-F

**Services:**

- Food and Clothing

**Greater Dallas Council on Alcohol and Drug Abuse***4525 Lemmon, Ste.300, Dallas, TX 75219*

Location: Central

Phone: 214.522.8600

Fax: 214.521.7253

Website: www.GDCADA.org

Hours: 8 a.m. to 5 p.m., M-F

Ages Served: All ages

Languages: English and Spanish

Area Served: Dallas, Denton, Collin Counties and HHS Region 3 Counties

**Services:**

- Educational materials, videos, library, speakers bureau, helpline, screening, professional training, HIV and chemical dependency services.

**Green Oaks Hospital***7808 Clodus Fields Dr., Dallas, TX 75251*

Phone: 972.991.9504  
1.800.866.6554

Email: john.dornheim@hcahealthcare.com

Website: www.greenoakspsych.com

Hours: 24-hours, 7 days a week  
Ages Served: 12 and up  
Languages: English, some Spanish  
Area Served: North Texas

**Services:**

- Chemical dependency services. Inpatient and outpatient.
- Accepts most insurance and is a NorthSTAR provider.

## Hannah's House

*Faith Temple Baptist Church*

525-B North Sowers Rd., Irving, TX 75061

Phone: 972.313.2100  
Fax: 972.313.2131  
Email: info@hannahshouse.org  
Website: www.hannahshouse.org  
Hours: 10 a.m. to 5 p.m., Tu-F  
Visitation:  
10:30 a.m. to 5:30 p.m., Sat  
1 to 5:30 p.m., Sun

**Services:**

- Supervised visits and exchanges, filial and play therapy, divorce recovery programs for parents, seminars, professional training and referrals.

**Additional office at:**

5333 Independence Pkwy., Plano, TX 75023  
Phone: 972.238.8888  
Fax: 972.702.0760

## Head Start of Greater Dallas, Inc.

3954 Gannon Lane, Dallas, TX 75237

Location: Southwest (Main Office) Early Child Development Centers located throughout Dallas County  
Phone: 972.283.6400  
Fax: 972.296.6114  
Email: cjackson@hsgd.org  
Website: www.hsgd.org  
Hours: 8 a.m. to 5 p.m.  
Ages Served: 0-5  
Languages: Multilingual  
Area Served: Dallas County

**Services:**

- Full-day full year Early Child Development Program for income eligible children at 34 centers and one home-based program for families.
- Educational, medical, dental, special needs, nutritional and mental wellness services are provided to enrolled families.

**Locations:**

West Triad Main Office - 550 S. Carrier Pkwy, #490,  
Grand Prairie - 972.237.4500  
East Triad Main Office - 6502 Military Pkwy -  
214.275.2054  
South Triad Main Office - 3954 Gannon Lane -  
214.283.6476

## Highland Park United Methodist Church

*See Night OWLS*

## Home and Community Based Service

1353 N. Westmoreland, Bldg. A,  
Dallas TX 75211

Phone: 214.333.7015  
Fax: 214.333.4107

**Services:**

- HCS is a Medicaid Waiver program designed to build support based on the needs of individuals with disabilities. Services may be provided in the natural home or within an alternate living residence.
- Habilitation and support services include: respite care; occupational, speech and physical therapy; psychology services and nursing services.
- To qualify for this program, individuals must have a diagnosis of mental retardation. Referrals are made through Service Coordination at 214.333.7000.

## Home Instruction for Parents of Pre-School Youngsters (HIPPY)

2904 Floyd Ste., B-3, Dallas, TX 75204  
Dallas, TX 75224

Location: Southwest  
Phone: 214.442.1660  
Fax: 214.442.1644  
Email: hippy@unt.edu  
Hours: 7:30 a.m. to 4:30 p.m.  
Ages Served: 3-5  
Languages: English, Spanish, Cambodian and Vietnamese  
Area Served: (see below for locations)

**Services:**

- Home-based program through which home instructor goes over lessons with the parent in the home and the parent teaches the lesson to his/her child.
- Free books, materials and supplies provided.

**Locations:**

Dallas ISD: 2909 S. Buckner Blvd., Room 607, Dallas, TX 75228

Adriana Trevino, [adtrevino@dallasisd.org](mailto:adtrevino@dallasisd.org), 972.925.6786

Grand Prairie ISD: 525 NE 15th St

Grand Prairie, TX 75050

Miriam Rios, [Miriam.rios@gpisd.org](mailto:Miriam.rios@gpisd.org), 972.343.6165

Richardson ISD:

Dobie Elementary, 14040 Rolling Hills Ln, Richardson, TX 75240

Maria Loera, [Maria.Loera@richardson.k12.tx.us](mailto:Maria.Loera@richardson.k12.tx.us)  
469.593.4015/ ext.4016

**Homeward Bound, Inc,**

233 W. Tenth St., Dallas, TX 75208

Location: Southwest

Phone: 214.941.3500

Fax: 214.941.3517

Website: [www.homewardboundinc.org](http://www.homewardboundinc.org)

Hours: 24-hour

8:30 to 3:30 a.m. , Admitting

Ages Served: 18 and older

Languages: English and Spanish

Area Served: Dallas and 18 surrounding counties

**Services:**

- Offers chemical dependency treatment and counseling, including detoxification, intensive residential treatment, outpatient counseling, women's specialty programs and educational programs. Programs are multicultural.

**Locations:**

Trinity Recovery Center - 233 W. Tenth St., 214.941.3500

Seidler Community House: 1513 N. Fitzhugh St.,  
214.821.0860

**Hope Cottage Pregnancy and Adoption Center**

4209 McKinney Ave., Dallas, TX 75205

Location: Northwest

Phone: 214.526.8721 24-hour  
1.800.944.4460

Fax: 214.528.7168

Email: [info@hopecottage.org](mailto:info@hopecottage.org)

Website: [www.hopcottage.org](http://www.hopcottage.org)

Hours: 8:30 a.m. to 5 p.m., M-Th  
8:30 a.m. to 12:30 p.m., F  
T, Th evenings by appt.

**Services:**

- Services to pregnant women and their families, adoptive parents and adoptees including counseling, support groups, mentoring, basic needs assistance and domestic and international adoption services.
- Post adoption counseling and support services.
- Community education about adoption for medical professionals and teens.
- Resale shop on site and open to the public.

**Immaculate Conception Church**

400 NE 17th St., Grand Prairie, TX 75050

Phone: 972.262.5137

Fax: 972.264.7657

Email: [www.icgrandprairie.org](http://www.icgrandprairie.org)

Hours: 9:30 to 11 a.m. on the 1st and 3rd  
Saturday of each month

Ages Served: All ages

Languages: English and Spanish

Area Served: Grand Prairie

**Services:**

- Food and utilities. You must bring proof of Grand Prairie residency- water, light and ID card.

**Injury Prevention Center Of Greater Dallas**

5000 Harry Hines Blvd., Ste 101

Dallas, TX 75235

Location: Northwest

Phone: 214.590.4455

Fax: 214.590.4469

Website: [www.injurypreventioncenter.org](http://www.injurypreventioncenter.org)

Hours: 8 a.m. to 5 p.m., M-F

Languages: English and Spanish

Area Served: Dallas County

**Services:**

- Utilizes data to identify populations at risk for injuries and engages local coalitions to implement and evaluate prevention programs.
- Facilitates and/or supports the following violence related community coalitions: Child Abuse Prevention Coalition (CAPCO), Family Violence Prevention Council and the Domestic Violence Awareness Coalition (DVAC).
- Provides resources and education on child passenger safety.

## Interfaith Housing Coalition

P.O Box 750206, Dallas, TX 75372-0206

Location: Northeast  
Phone: 214.827.7220  
Fax: 214.451.3198  
Website: www.ihcdallas.org  
Email: ihcd@ihcdallas.org  
Hours: 9 a.m. to 5 p.m., M-F  
Ages Served: All ages  
Languages: English

### Services:

- Transitional housing, programs and services for homeless families with children.
- Case management, employment readiness training, job search and employment program, budget and financial literacy program, parenting and skills for living classes, counseling and pastoral care, home ownership program and stay self sufficient program.
- After school and summer children's enrichment program, after school and summer teen leadership program and play therapy for children.
- Food, clothing and transportation assistance provided for Interfaith residents only.

## Irving Bible Church

2435 Kinwest Pkwy., Irving, TX 75063

Phone: 972.560.4600  
Fax: 972.560.4646  
Ages Served: Children through fifth grade

### Services:

- Provides respite services one Saturday evening a month for children with special needs and their siblings for all ages.
- Pairs children with special needs with a "Son Shine Pal" during Sunday services to meet the needs of the child and allow the parent to go to church.

## Irving Cares, Inc.

440 S. Nursery Rd., Ste 101  
Irving, TX 75060

Phone: 972.721.9181  
Fax: 972.438.7345  
Email: awilkins@irvingcares.org  
Website: www.irvingcares.org  
Hours: 9 a.m. to 3:30 p.m., M-F  
Ages Served: English and Spanish  
Area Served: City of Irving

### Services:

- Provides information and referrals, jobs desk, food pantry, rent and utilities financial assistance, patient transportation program, psychotherapy counseling and Client Christmas Adoption Program.

## Irving Family Advocacy Center

600 W. Pioneer, Irving, TX 75061

Phone: 972.721.6521  
Fax: 972.721.6523  
Email: sduncan@ci.irving.tx.us  
Languages: English and Spanish  
Area Served: Irving residents

### Services:

- Individual, family and group counseling; parent education, first/subsequent offender program, domestic violence counseling and play therapy.

## Jewish Family Services

5402 Arapaho Rd., Dallas TX 75248

Location: Northwest  
Phone: 972.437.9950 (24 hr)  
Fax: 972.437.1988  
Email: info@JFSdallas.org  
Website: www.JFSdallas.org  
Hours: 8:30 a.m. to 8 p.m., M-W;  
8:30 a.m. to 5 p.m., Th, F

### Services:

- A wide variety of services to help older adults remain independent.
- Adoption services, career and employment assistance, emergency assistance and refugee assistance.
- Individual, child, family and marital counseling. Various support groups.

## Jonathan's Place

P.O Box 140085, Dallas, TX 75214

Location: Northeast  
Phone: 972.303.5303  
Fax: 972.303.5346  
Email: lmatthews@kidnet.org  
Website: www.kidnet.org  
Hours: 9 a.m. to 5 p.m. (Admin);  
Home 24 hrs.  
Ages Served: 0-17  
Languages: English and Spanish



**Services:**

- Emergency shelter for abused, abandoned, neglected and drug affected children with focus on drug exposed infants.

**Joni and Friends**

6510 Abrams Rd., Ste. 125, Dallas, TX 75231

Phone: 214.739.2523  
 Fax: 214.739.3034  
 Email: dallas@joniandfriends.org  
 Website: www.joniandfriends.org

**Services:**

- Offers Christian summer retreats for families that have special needs and supports churches in meeting the needs of individuals with special needs.

**Juliette Fowler Homes- Child, Youth and Family Services**

1234 Abrams Rd., Dallas, TX 75214

Location: Northeast  
 Phone: 214.827.0813  
 Fax: 214.827.7021  
 Email: jfh.youth@fowlerhomes.net  
 Website: www.fowlerhomes.net  
 Hours: 9 a.m. to 6 p.m., M-F; some evenings and Saturdays  
 Languages: English and Spanish  
 Area Served: Texas

**Services:**

- Outpatient assessment and psychotherapy for children, youth, families and adults. Individual, group and family therapy.
- Residential services for girls with emotional, social and behavioral problems.
- Specializing in services to youth and families experiencing parent-child conflict, abandonment/neglect/blended families and eating disorders.

**Kid Net Foundation**

See Jonathan's Place

**La Voz Del Anciano**

3316 Sylvan Ave., Dallas, TX 75212

Phone: 214.741.5700/5701  
 Fax: 214.741.5702  
 Email: lavoz@sbcglobal.net (Director)  
 Lavoz2@sbcglobal.net (Benefit Couns.)

Hours: 8:30 a.m. to 4 p.m., M-F  
 Ages Served: Hispanic Elderly 60+  
 Languages: English and Spanish  
 Area Served: Dallas County

**Services:**

- Information and referrals.
- Translates and fills out documents from English to Spanish.
- Monthly Study Circles, Quarterly Community Forums.

**Lancaster Housing Office**

1425 N. Dallas Ave, Suite 101-P.O. Box 940, Lancaster, TX 75146

Phone: 972.275.1750  
 Fax: 972.218.9519  
 Email: Rona Stringfellow-Govan  
 rstringfellow@lancaster-tx.com  
 Website: www.lancaster-tx.com

**Services:**

- Housing

**Launching a Dream**

2607 Hillburn Dr., Bldg. E, Dallas, TX 75227

Phone: 214.388.0837  
 Fax: 214.388.0839  
 Website: www.gotdreamscampaign.org

**Services:**

- Provides youth, family and community services to at-risk youth and families.
- After-school and summer programs for youth, GED, Basic Education, ESL and Computer Literacy classes for ages 18 and up.
- Provides assistance with food, clothing and other items through the Community Resource Center located in Southeast Dallas.

**Legal Aid of Northwest Texas**

1515 Main St., Dallas, TX 75201

Location: Central  
 Phone: 214.748.1234  
 888.529.5277 Hotline  
 Fax: 214.748.1159  
 Website: www.lanwt.org  
 Hours: 8 a.m. to 5 p.m., M-F  
 Ages Served: All ages  
 Languages: All languages  
 Area Served: 114 counties in North and West Texas, including the DFW



### Services:

- Free legal assistance for low-income residents.
- Priority areas include housing, family law, consumer issues, civil rights, community economic development, education, public benefits and employment.
- Women's Legal Advocacy Center. No criminal matters.

### Intake Clinic Locations:

**Martin Luther King, Jr. Center**, 2922 Martin Luther King Blvd, 1st, 2nd, & 4th Tuesday of every month, 6 p.m.

**Philip's Community Center**, 1600 Pennsylvania, 3rd Tuesday of every month, 6pm

**Veterans Affairs Medical Center**, 4500 S. Lancaster Rd., 1st Friday of every month, 2 - 4 p.m.

**Grace United Methodist Church**, 4105 Junius, 1st and 3rd Thursday of every month, 6 p.m.

**Marillac Social Services Center**, 2843 Lapsley, 2nd and 4th Thursday of every month, 6 p.m.

**Salvation Army**, 451 Avenue D, 3rd Thursday of each month, 6 p.m. (Garland residents only)

## Legal Hospice of Texas

*Formerly Dallas Legal Hospice*

3626 N. Hall, Ste. 820, Dallas, TX 75219

Phone: 214.521.6622  
Fax: 214.521.3310  
Email: info@legalthospice.org  
Website: www.legalthospice.org

### Services:

- Provides free legal assistance to residents of Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Rockwall and Tarrant counties.
- Clients are eligible if: 1) cannot afford an attorney; 2) are HIV positive or have AIDS or a terminal illness; and 3) have legal problems relating to or impacted by their health. Every client must meet all three criteria to qualify for legal services.

## Legal Hotline for Texans

*Austin*

Phone: 1.800.622.2520

## Letot Center

10505 Denton Dr., Dallas, TX 75220

Location: Northwest  
Phone: 214.357.0391  
Fax: 214.956.2044  
Ages: 10-16

### Services:

- Residential and non-residential outpatient counseling services to status offenders.
- Family Life Skills groups.
- Referrals from the Juvenile Department, law enforcement agencies, and school Youth Action Centers.

## Lifenet Community Behavioral Healthcare

9708 Skillman St., Dallas, TX 75243

Location: Northeast  
Phone: 214.221.5433  
Fax: 214.932.1977  
Website: www.lifenettexas.org  
Hours: 9 a.m. to 5 p.m., M-F, evening hours by appointment

Ages Served: 4+

Languages: English and Spanish

Area Served: Dallas County

### Services:

- Psychiatric evaluation, medication management, counseling and skills training.
- In-home and office based services.

## Living Choice Crisis Pregnancy Center

650 Big Stone Gap, Duncanville, TX 75137

Phone: 972.298.1900  
Fax: 972.298.7155  
Email: cpcduncanville@yahoo.com  
Hours: Mon 10 a.m. to 4 p.m., 6 to 9 p.m.  
Tues 1 to 4 p.m.  
Wed 10 a.m. to 1 p.m., 7 to 9 p.m.  
Thurs 6 to 9 p.m.  
Fri 10 a.m. to 1 p.m.

Ages Served: 12-50

Languages: English and Spanish

Area Served: Dallas and Tarrant Counties

### Services:

- Free pregnancy testing, counseling, parenting and birthing classes.
- Adoption through Heritage Christian Adoption Services.
- Residential living through our maternity homes.

## Lone Sight and Tissue Foundation

P.O. Box 191121, Dallas, TX 75219

Phone: 972.276.1250  
Fax: 972.216.8477  
Hours: 9 a.m. to 5 p.m., M-F  
Languages: English  
Area Served: Dallas, Collin, Rockwall, Ellis

### Services:

- Provides eyeglasses. Must have a prescription form from a social worker.

## Los Barrios Unidos Community Clinic

809 Singleton Blvd., Dallas, TX 75212

Location: Northwest  
Phone: 214.651.8739 medical appts.  
214.651.8693 dental appts.  
Fax: 214.379.2281 adult  
214.237.9103 pedi  
Website: www.losbarriosunidos.com  
Hours: 7 a.m. to 5 p.m., M-Thu  
7 a.m. to 4 p.m., F  
Languages: English and Spanish  
Area Served: Dallas County, primarily West Dallas

### Services:

- Comprehensive outpatient health care including immunizations, family planning, well-baby, mental health, children's dental and prenatal care.

## Low Birth Weight Development Center

345 Calumet, Dallas, TX 75211

Location: Southwest  
Phone: 214.467.2800  
Fax: 214.467.7007  
Hours: 9 a.m. to 4 p.m., M-F  
Ages Served: 0-3, adults  
Languages: English and Spanish  
Area Served: Metroplex

### Services:

- Infant and toddler development program for at-risk, low birth weight, children up to age 3.
- GED, ESL, computer classes and parenting support for indigent parents.

## Lutheran Social Services of the South, Inc.

3001 LBJ Frwy, Ste 107, Dallas, TX 75234

Location: Northwest  
Phone: 972.620.0581  
Fax: 972.620.0603  
Website: www.lsss.org  
Hours: 8:30 a.m. to 5 p.m., M-F  
Ages Served: 0-18  
Area Served: Dallas, Ellis, Navarro, Collin, Johnson, Hunt, Cooke and Fannin Counties

### Services:

- Post adoption services for children adopted through TDFPS.

## Maggie's House

1302 Redwood Circle, Dallas, TX 75218

Phone: 214.324.9261  
Fax: 214.324.5299  
Email: themagdalenhouse@sbcglobal.net  
Website: www.magdalenhouse.org  
Hours: 7:30 a.m. to 9 p.m. for admission  
Languages: English  
Area Served: All

### Services:

- Free 14-day non-medical detox for alcoholic women only. Call first for phone screening to qualify.

## Martin Luther King Jr. Family Clinic

2922 B. Martin Luther King Jr. Blvd.  
Dallas, TX 75215

Location: Southeast  
Phone: 214.426.3645  
Fax: 214.428.0075  
Hours: 8 a.m. to 7 p.m., M, T  
10 a.m. to 7 p.m., W  
9:30 a.m. to 7 p.m., Th  
8 a.m. to 5 p.m., F

Ages Served: All Ages

Languages: English and Spanish

Area Served: Texas

### Services:

- Pediatric care, adolescent and adult medical care, obstetrical care and voluntary family planning.
- Laboratory and pharmacy.
- Health education and nutrition counseling.
- Dental Services
- "MAC" Mobile

## Maya Angelou High School

912 S. Ervay, Dallas, TX 75201

Location: Central  
Phone: 972.749.2263  
Fax: 972.749.2264  
Email: chumphrey@dallasisd.org  
Hours: 9 a.m. to 4 p.m.  
Ages Served: 10-18  
Area Served: Dallas ISD

### Services:

- Alternative school designed to meet the needs of pregnant and parenting DISD students in grades five through twelve.
- Academic and elective courses are available.

## Mental Health America

624 N. Good-Latimer, Ste 200  
Dallas, TX 75204

Location: Central  
Phone: 214.871.2420  
Fax: 214.954.0611  
Email: tvaughn@mhadas.org  
Website: www.mhadallas.org  
Hours: 8:30 a.m. to 5 p.m., M-F  
Ages Served: All Ages  
Languages: English and Spanish

### Services:

- Leads, coordinates and involves the community in improving mental health by advocating for improved care and treatment.
- Conducts education and prevention programs and raising public awareness about mental health and mental illness.

## Mental Retardation Respite Program

1353 N. Westmoreland Cottage #4  
Dallas, TX 75211

Phone: 214.333.7000  
Fax: 214.333.7073

### Services:

- Support service that provides payment to respite providers selected, monitored and supervised by the caregiver of an individual with mental retardation, pervasive development disorder, autism or developmental delays.
- A respite application must be completed and approved prior to service delivery. Proof of diagnosis and income is required.
- Programs are on a first-come, first-served basis

## Mesquite Adult Day Care

229 Barnes Bridge, Mesquite, TX 75150

Phone: 972.226.2131  
Fax: 972.226.9054  
Email: mesquadultdaycare@tx.twcbs.com  
Ages Served: 18 or older with medical/functional disability

### Services:

- Day program for adults (ages 18 and up) with disabilities or debilitating conditions. Requires medical diagnosis.
- Cost: Medicaid, Title XX and private pay \$4.50/hr, a minimum of 6 hours.
- Transportation: Provided to certain zip codes throughout the area.

## Mesquite Social Services

1035 Military Pkwy., Mesquite, TX 75149

Phone: 972.285.3000  
Fax: 972.216.1470  
Website: www.mesquitesocialservices.org  
Hours: 8 a.m. to 4:30 p.m., M-F  
Extended hours by appointment

### Services:

- Information and referral
- Limited emergency financial and utility assistance
- Emergency food pantry

## Methodist Children's Home

13140 Coit Rd., Ste. 400, Dallas, TX 75240

Location: Northwest  
Phone: 972.480.8772  
Website: www.methodistchildrenshome.org  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: 0-17  
Area Served: 75 mile radius

### Services:

- Foster Care and Support Services for at risk families including help with referrals, child care, utilities, placement issues.

## Metro Dallas Homeless Alliance- The Bridge

1818 Corsicana, Dallas, TX 75201

Phone: 214.670.1100  
Email: info@MDHADallas.org  
Website: www.mdhatx.org

**Services:**

- Drop-in shelter for people experiencing long-term homelessness.
- Emergency care provisions such as behavioral health care, laundry, meals, primary health care, recreational activities and storage.
- Transitional care: case management, housing assistance, legal services, mail services, mental health care, job seeker assistance, community service supervision, kennel, social security benefits assistance and veterans assistance.

**Metrocrest Family Medical Clinic***One Medical Pkwy., Plaza I, Ste. 140**Farmers Branch, TX 75234*

Phone: 972.484.8444  
 Fax: 972.484.0051  
 Hours: Various day and evenings  
 by appointment only  
 Ages Served: 2-65  
 Languages: English and Spanish  
 Area Served: All

**Services:**

- Day, evening and specialty clinics for Gynecology, Diabetes, Podiatry and Dermatology.
- No immunizations and no sports physicals.
- Fees: donation to clinic.

**Metrocrest Social Services***1111 West Beltline Rd., Ste. 100**Carrollton, TX 75006*

Phone: 972.446.2100  
 Fax: 972.446.2102  
 Email: [mss@metrocrestsocialservices.org](mailto:mss@metrocrestsocialservices.org)  
 Website: [www.metrocrestsocialservices.org](http://www.metrocrestsocialservices.org)  
 Hours: 8 a.m. to 5 p.m., M, T, Th, F  
 8 a.m. to 7 p.m., W  
 9 a.m. to 1 p.m., Sat  
 Ages Served: All  
 Languages: English and Spanish  
 Area Served: Primarily Coppell, Carrollton,  
 Farmers Branch, Addison

**Services:**

- Employment program, emergency financial assistance for rent, utilities and food.
- Limited medical assistance for families that qualify.

**Mosaic***2245 Midway Rd., #300**Carrollton, TX 75006*

Phone: 972.266.9989  
 Fax: 972.991.0834  
 Website: [www.mosaicinfo.org](http://www.mosaicinfo.org)  
 Hours: 8 a.m. to 4 p.m., M-F  
 Languages: English  
 Area Served: Dallas County

**Services:**

- Provides functional, age-appropriate community training to adults and children with developmental disabilities.
- Programs include: community homes, supervised apartments, vocational workshops, foster care/ companion care and family support for children and adults living at home.

**Mosaic Family Services, Inc.***(Formerly East Dallas Counseling Center)**4144 N. Central Exp, Ste 530**Dallas, TX 75204*

Location: Central  
 Phone: 214.821.5393  
 Fax: 214.821.0810  
 Email: [home@mosaicfamilyservices.org](mailto:home@mosaicfamilyservices.org)  
 Website: [www.mosaicfamilyservices.org](http://www.mosaicfamilyservices.org)  
 Hours: 8:45 a.m. to 5:15 p.m., M-F  
 Ages Served: All ages  
 Languages: Multilingual (translation hotline)  
 Area Served: Dallas, Tarrant, Denton, Collin and surrounding counties

**Services:**

- Domestic violence services, including shelter, case management, counseling and legal services for refugees and immigrant victims.
- Services for victims of trafficking.
- Youth substance abuse prevention.
- HIV/AIDS outreach, counseling and case management.

**National Domestic Violence Hotline***P.O. Box 161810, Austin, TX 78716*

Phone: 1.800.799.SAFE (7233)  
 1.800.787.3224 (TTY)  
 Email: [ndvh@ndvh.org](mailto:ndvh@ndvh.org)  
 Website: [www.ndvh.org](http://www.ndvh.org)  
 Hours: 24-hours a day  
 Languages: Multilingual  
 Area Served: United States

### Services:

- 24 hour hotline provides crisis intervention, information and referral regarding domestic violence, child abuse, sexual assault, batterers intervention and related issues.

## National Dissemination Center for Children with Disabilities (NICHCY)

1825 Connecticut Ave NW, Ste. 700  
Washington, DC 20009

Phone: 800.695.0285 Voice & TDD

Fax: 202.884.8441

Email: nichcy@aed.org

Website: www.nichcy.org

Languages: English and Spanish

### Services:

- Information on disability topics, education rights of children with disabilities and listings of national disability organizations and conferences.
- Publications available on wide range of disability-related topics.
- Parent Training and Information Center (PTI) provides information and training on educational rights of children with disabilities and provides information on support groups and other state and local resources.

## Neighborhood Youth & Family Counseling of Richardson, Inc.

312 E. Tyler St., Richardson, TX 75083

Phone: 972.744.4858

Fax: 972.744.5988

Email: help@nyfcr.org

Website: www.nyfcr.org

Hours: 9 a.m. to 5 p.m., M-F

Counseling by appointment:  
day, evening and Saturdays

Ages Served: All

Languages: English and Spanish

Area Served: Richardson, RISD area, Garland,  
Plano, North Dallas County

### Services:

- Services to victims of crime and families in crisis
- Individual counseling, family counseling, group counseling.
- Truancy Intervention program, First Offender program.
- Alcohol and Tobacco Awareness classes.

## Network of Community Ministries

741 S. Sherman, Richardson, TX 75081

Phone: 972.234.8880

Fax: 972.234.8892

Email: info@thenetwork.org

Website: www.thenetwork.org

Hours: 9 a.m. to 6 p.m., M, T

9 a.m. to 3 p.m., F

By appointment

Ages Served: All

Area Served: Richardson ISD

Food only for 75040, 75041,  
75043 and 75046

### Services:

- Food, clothing, bus tickets, limited financial assistance for rent and utilities, gasoline and prescriptions.
- Night and summer school tuition child care.
- The Adolescent and Children's Clinic.
- The Seniors' Net (for 60+): minor home maintenance services, transportation to medical appointments, bookkeeping assistance and senior seminars.
- Big Meals for Little Kids- provides shelf stable lunch bags to children during the summer while they are not being fed at school.
- B.E.N- web based program to screen potential clients for food stamps & other Health and Human Benefits.
- Counseling, school supplies, nutritional education, ESL classes, clothes closet, health classes and budget and money management classes.

## New Beginning Center

218 N. 10th St., Garland, TX 75040

Phone: 972.276.0423 (Admin)

972.276.0057 (Hotline)

Fax: 972.276.1344

Email: victim@newbeginningcenter.org

Website: www.newbeginningcenter.org

Hours: 8 a.m. to 6 p.m., M-Th

9 a.m. to 5 p.m., F

Shelter 24 hours

Languages: English and Spanish

Area Served: Northeast Dallas County

(Richardson, Garland, Mesquite,  
Balch Springs, Rowlett, Rockwall  
and Sasche)



### Services:

- Hotline, emergency shelter, counseling, support and advocacy for battered women and their children.
- Referrals. Battering Intervention and Prevention Program. Protective orders.
- Community education, speakers bureau and volunteer program.
- Resale/thrift shop.

## New Connections Infant Intervention Program

2330 Butler St., Ste. 119, Dallas, TX 75235

Phone: 214.645.0919  
Fax: 214.951.8161  
Email: emily.west@utsouthwestern.edu  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: Parents/primary caregivers and their children, ages 0-18 months  
Languages: English  
Area Served: Dallas County

### Services:

- Intervention for substance-exposed children, parent education and recovery support for substance-involved parents and families, who experience multiple risk factors for developmental problems related to alcohol, tobacco or drug exposure.
- Recovery sensitive parent education, health education and recovery support groups.
- Program services are free.

## Nexus Recovery Center

8733 LaPrada, Dallas, TX 75228

Location: Northeast  
Phone: 214.321.0156  
Fax: 214.321.3096  
Email: help@nexusrecovery.org  
Website: www.nexusrecovery.org  
Hours: 8 a.m. to 6 p.m.  
Ages Served: All ages  
Area Served: State of Texas

### Services:

- Residential and outpatient alcohol and drug treatment for adolescent females, women, women with children and pregnant females.
- Included parenting classes, chemical dependency education and life skills.

## Night OWLS (Out With Loving Sitters)

Highland Park United Methodist Church  
3300 Mockingbird Ln., Dallas, TX 75205

Location: Northwest  
Phone: 214.523.2284  
Email: nightowls@hpumc.org  
Website: www.hpumc.org/page\$/09\_night\_owls  
Ages Served: 3 months - 13 years

### Services:

- Provides respite care for children with disabilities and their siblings once a month.
- Trained volunteers provide individualized care for each child and participate in pre-planned events according to each child's interests.
- Nurses are present to assist with any medical needs.
- Offered without cost to the family.

## North Dallas Shared Ministries

2875 Merrell, Dallas, TX 75229

Location: Northwest  
Phone: 972.620.8696  
Fax: 972.620.0433  
Email: admin@ndsm.org  
Website: www.ndsm.org  
Emergency  
Aid Center: 9:30 a.m. to 3 p.m. M-F  
Sat. 9 to 11:30 a.m.  
1st and 3rd Mon 6 to 7:30 p.m.  
Clothes Closet:  
Mon-Fri 9:30 a.m. to 2 p.m.  
Sat 9 a.m. to 11:30 a.m.  
972.620.8696 x 228  
Medical  
Clinic: Adult: Mon 5 p.m.  
Adult and Child: Tues & Thur  
10:30 a.m. to 1 p.m.  
972.620.8696 x 226  
Dental: 1st & 3rd Fri 7:30 a.m.  
Women's: 1st & 3rd Wed 5 p.m.  
ESL: Tues & Thurs 6:30 p.m. to 8 p.m.  
Friday  
Foodbasket: Fri 8 a.m. to 1 p.m.  
Languages: English and Spanish  
Area Served: 75205, 75209, 75219, 75220,  
75225, 75229, 75230, 75231,  
75234, 75235, 75240, 75244,  
75247, 75248, 75252, 75287,  
75001, 75204, 75251 and 75254

### Services:

- Emergency Aid Center- food and financial assistance for rent, utilities, glasses, prescriptions, ID's and drivers license, bus tokens and gas vouchers, school supplies.
- Employment assistance, ESL classes, Friday Foodbaskets for the elderly (60+), referrals to community resources, clothes closet and thrift store.
- Free medical adult and children/immunizations, treatment of minor illness, well clinic baby/child checkups, dermatology, womens breast and pelvic screening.
- Dental clinic- adult extractions and gum disease.
- Eye exams and glasses.

## Oak Cliff Churches for Emergency Aid

6000 S. Hampton Rd., Dallas, TX 75232

Phone: 214.943.7757  
Fax: 214.943.4022  
Hours: 9:30 a.m. to 12:30 p.m., M-F  
Area Served: 75203, 75211, 75212, 75216,  
75224, 75232, 75233, 75236,  
75237, 75241 and 75249

### Services:

- Food- come with ID and Proof of Residence
- Limited financial assistance with agency referral

## Our Children's House at Baylor

3337 Stovall, Irving, TX 75061

Phone: 877.820.9061  
Fax: 877.820.9077  
Website: [www.baylorhealth.com/och](http://www.baylorhealth.com/och)  
Ages Served: 0-18  
Languages: English and Spanish  
Area Served: Various

### Services:

- Education and support services for children who are prematurely born, medically fragile, technology dependent and traumatically injured and their families.
- Care is coordinated and comprehensive so children and their families can have easy access to specialists without having to transfer between multiple health care providers.
- Parent education and training, social work services including classes and case management, physical therapy and speech therapy

### Additional locations: Call 888.7BAYLOR

3301 Swiss Avenue, Dallas, TX 75204, 214.820.9850  
1540 N. Hwy 77, Waxahachie, TX 75165  
972.938.7040  
3337 Stovall, Irving, TX 75061  
972.790.8505 (childcare available)  
1643 Lancaster Dr., Ste 300, Grapevine, TX 76051,  
817.305.5800  
7010 Preston Rd, Suite 240, Frisco, TX 75034  
972.377.2446  
7000 W. Plano Pkwy, Suite 210, Plano, TX 75093,  
972.384.4401  
8 Prestige Cir., Suite 101, Allen, TX 75002,  
972.727.5312  
773 S. MacArthur, Suite 201, Coppell, TX 75019,  
972.304.6062  
2455 Ridge Rd., Suite 255, Rockwall, TX 75087,  
469.698.7719

## Our Friends' Place

2501 Oak Lawn Ave., Ste. 500  
Dallas, TX 75219

Location: Central  
Phone: 214.520.6268  
Fax: 214.526.6219  
Email: [info@ourfriendsplace.org](mailto:info@ourfriendsplace.org)  
Website: [www.ourfriendsplace.org](http://www.ourfriendsplace.org)  
Hours: 8:30 a.m. to 4:30 p.m., M-F  
Ages Served: 10-17 (Group Home); 18-24  
(Transitional Living); females  
Area Served: North Texas

### Services:

- Therapeutic Foster Group Homes and Transitional Living Center. Most clients have past abuse or neglect.
- Individual, group and family therapy, therapeutic recreational activities, educational support and life skills.

## Parenting Center, The

2928 W. 5th St., Fort Worth, TX 76107

### Additional Locations:

1903 Central Dr., Suite 303, Bedford, TX 76021  
Phone: 817.358.6886  
Fax: 817.332.6489  
100 East Broad St., Mansfield, TX 76063  
Phone: 817.477.1010  
Fax: 817.453.9661

Phone: 817.332.6348  
Fax: 817.332.6489  
Website: www.theparentingcenter.org  
Hours: 8:30 a.m. to 8 p.m., M-Th  
8:30 a.m. to 5 p.m., F  
Ages Served: All Ages  
Languages: English and Spanish  
Area Served: Tarrant, Dallas and surrounding Areas

**Services:**

- Counseling services, play therapy, parenting education classes, case management, co-parenting classes and divorce recovery services.
- Together in Texas- skills based marriage education to couples who are seriously dating, engaged to marry, or married. Engaged couples completing receive certificate for \$60 off cost of marriage license and waiver of 72 hour waiting period.

### Parents-In-Partnership ECI/Garland ISD

2625 Anita Dr., Garland, TX 75041

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Phone: 972.926.2671  
Fax: 972.926.2679  
Email: parentsinpartnership@garlandisd.net  
Hours: 8 a.m. to 4:30 p.m., M-F  
Ages Served: 0-3  
Areas Served: Garland ISD

**Services:**

- Program for children birth to 3 years of age with developmental delays and their families.
- Home based intervention; parent support and family counseling services are provided.

### Parkland Health & Hospital System

Community Oriented Primary Care (COPC)  
5000 Harry Hines Blvd., Dallas, TX 75235

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Phone: 214.590.0100  
Hours: 8 a.m. to 5 p.m., M-F  
24 hour Answering Service  
Languages: Multilingual, large print materials

**Services:**

- Network of health centers that provides primary health care for all ages.
- Services include: treatment of acute and chronic problems, health maintenance exams, geriatric assessments; psychosocial services, nutritional counseling, health education and referrals for specialty care, laboratory, pharmacy, and radiology.
- Fees are based on ability to pay. Call clinic for more info.

### COPC Clinics:

Ambulatory Care Clinic (ACC)  
5201 Harry Hines Blvd.  
Dallas, TX 75235  
214.590.5512  
Amelia Court Geriatrics  
1936 Amelia Ct., Dallas TX 75235  
214.590.8369  
Bluitt-Flowers Health Center  
303 E. Overton Rd., Dallas, TX 75216  
214.266.4329 Adult  
East Dallas Health Center  
3320 Live Oak, Dallas, TX 75204  
214.266.1080 Pedi/ 214.266.1020 Adult  
deharo-Saldivar Health Center  
1400 N. Westmoreland, Dallas, TX 75211  
214.266.0500  
Garland Health Center  
802 Hopkins, Garland, TX 75040  
214.266.0700  
Irving Health Center  
1800 N. Britain Rd., Irving, TX 75061  
214.266.3000  
Oak West Health Center  
4201 Brookspring, Dallas, TX 75224  
214.266.1450  
Pediatric Primary Care (PPC)  
6303 Harry Hines Blvd., Dallas, TX 75235  
214.266.0100  
Southeast Dallas Health Center  
9202 Elam Rd., Dallas, TX 75217  
214.266.1791  
Vickery Health Center,  
8224 Park Lane, Suite 130, Dallas, TX 75231  
214.266.0350

### Parkland Health & Hospital System Perinatal/Intervention Program

5201 Harry Hines Blvd., Dallas, TX 75235

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Location: Northwest  
Phone: 214.590.6832  
Email: m2cart@parknet.pmh.org  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: Primarily Adult Women  
Languages: English and Spanish  
Area Served: Dallas County

**Services:**

- Serves program substance abusers.
- Obstetrical care, alcohol and drug assessment, referral, case management and other social services.
- Support groups to enhance recovery process.

## Parkland Health & Hospital System

*Victim Intervention Program/*

*Rape Crisis Center*

4811 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest  
Phone: 214.590.2926  
214.590.0460- Hotline  
Fax: 214.590.2705  
Hours: 8 a.m. to 8 p.m., M-Th  
8 a.m. to 4:30 p.m., Fri, Sat  
Ages Served: 4 years and older  
Website: [www.parklandhospital.com/  
medical\\_services/vip\\_rape\\_crisis/  
index.html](http://www.parklandhospital.com/medical_services/vip_rape_crisis/index.html)

Languages: English and Spanish

Area Served: Dallas County

### Services:

- Bilingual Spanish/English crisis intervention, support and resource referrals for victims of sexual assault and/or family violence admitted to the Parkland Emergency Department 24 hours a day/7 days a week.
- Services victims of abuse or violence and also children who have lived with domestic violence. Services include: Bilingual counseling (English and Spanish), case management, evaluation and treatment for children (4 years and older), teens and adults. Public and professional education on domestic violence and sexual assault. Services are free for people who live in Dallas County.

## Pastoral Counseling and Education Center

4525 Lemmon, Ste. 200, Dallas, TX 75219

Location: Central (main office; locations throughout Dallas County)  
Phone: 214.526.4525  
Fax: 214.520.6468  
Hours: 9 a.m. to 7 p.m., M-Th  
9 a.m. to 4 p.m., F  
Ages Served: 3 and older  
Area Served: 18 satellite locations in Allen, Carrollton, Oaklawn, Duncanville, East Dallas, Garland, Irving, Lake Highlands, Richardson, Mesquite, North Dallas, and South Dallas

### Services:

- Individual, marital, joint, family and group counseling.
- Classes, workshops and seminars. Continuing education.

## People That Care

2129 Galveston, Grand Prairie, TX 75051

Phone: 972.262.8318  
Hours: 9 a.m. to 2:30 p.m.  
Tues-Thur

### Services:

- Food and used clothing.

## PHASE (Padres Hispanos Ayudando a Sobresalir a los Ninos Especiales)

*Hispanic Parents Assisting Special Children to Succeed Student Services*

720 Stadium Dr., Garland, TX 75040

Phone: 972.494.8538  
Email: [zdaniel@garlandisd.net](mailto:zdaniel@garlandisd.net)  
Area Served: Garland ISD

### Services:

- Garland ISD-based support group for parents, family members and friends of children with developmental disabilities in Garland schools.
- Group meets every other month on the third Thursday from 7 p.m. to 9 p.m. at Walnut Springs Academy
- Information is provided in Spanish. Childcare is provided (must RSVP for childcare services).

## Physicians for Children

3701 W. Northwest Hwy., Ste 112

Dallas, TX 75220

Phone: 214.654.0007  
Hours: 8 a.m. to 5 p.m., M-F  
8 a.m. to Noon, Saturday  
24 hour Answering Service

Languages: Multilingual

### Services:

- Network of health centers that provide primary health care for children.
- Services include: pediatric primary care for newborns, infants and children of all ages.
- Accept most forms of insurance, including Medicaid and CHIP. Call for more information.

### Physicians For Children Locations:

Furneaux Creek, 3044 Old Denton Rd., Suite 138, Carrollton, TX 75007, 972.245.0007  
Bachman Lake, 3701 W. Northwest Highway, Suite 112, Dallas, TX 75220, 214.654.0007  
Plano, 7800 Preston Rd., Suite 300, Plano, TX 75024, 972.608.3800  
McKinney, 1720 N. Central Expressway, Suite 150, McKinney, TX 75070, 972.542.2800



## PLANES (Padres Latinos Ayudando a Niños Especiales)

### *Latino Parents Assisting Special Children*

Phone: 214.828.0137  
Email: nenatinytwo@hotmail.com  
Hours: Meetings 10 a.m. to 12 p.m.  
Bachman Recreation Center  
214.670.6266  
Second Saturday of the month

#### Services:

- Offers support and education for Spanish speaking families who have children with disabilities and interested professionals who work with them.
- Focuses on education-related issues and the rights of students with disabilities; offers a wide range of information via monthly meetings, guest speakers and special events related to Spanish speaking culture.

## Planned Parenthood of North Texas

7424 Greenville, Ste. 206, Dallas, TX 75231

Phone: 214.363.2004 (Admin)  
1.800.545.3751 (24-hour)  
Fax: 214.696.2091  
Website: www.ppnt.org  
Hours: Varies by clinic  
Languages: English and Spanish  
Area Served: North Texas

#### Services:

- Family planning, well woman gynecological, vasectomy, options counseling, pregnancy testing and community education.
- Peer education through TeenAge Communications Theatre.

#### Locations:

Addison, 5290 Belt Line, #158, 972.991.1424  
Dallas, 9100 N. Central Expwy, #169, 214.368.1485  
Garland, 1015 W. Centerville, #118, 972.686.9222  
Irving, 1111 N. Airport Fwy, #207, 972.258.0021  
Mesquite, 1220 Town East Blvd, #240, 972.613.0915  
Mesquite, 3220 Gus Thomasson, #231, 972.285.0271  
Red Bird, 4343 W. Camp Wisdom, #213, 972.709.0081  
Surgi-Center, 7424 Greenville, #211, 214.373.1868  
Plano, 810 N. Central Expressway, #116, 972.424.6311  
Plano, 1400 Summit, #CA, 972.633.1300  
Denton, 2436 S IH 35E, #340, 940.891.0737  
Arlington, 3701 South Cooper, #245, 817.472.8196  
Arlington, 1305 East Abram, 817.277.6610  
Burlison, 251 S.W. Wilshire Blvd., #118, 817.447.9192  
Corsicana, 310 E.7th Ave, Suite B., 903.872.5625  
Gainesville, 312 S. Chestnut, 940.665.0972

Henderson, 301 South Henderson, 817.332.9102  
Jacksonville, 1005-A S. Jackson St., 903.586.3551  
Lewisville, 1288 West Main, #209, 972.221.7644  
Fort Worth Northeast, 2816 Central Drive, #160,  
817.545.0077  
Fort Worth Northside, 2470 Jacksboro Hwy,  
817.625.2892  
Forth Worth West, 6775 Camp Bowie, 817.377.1234  
Fort Worth Southeast, 3893 Miller, 817.536.4942  
Paris, 1735 17th Street, #NE 903.784.1301  
McKinney, 1720 El Dorado Pkwy, Ste. 106, 972.548.7482  
Sherman, 2114 Texoma Parkway #700, 903.813.5522  
Terrell, 804A E. Moore Ave., 972.563.7571  
Tyler, 3500-E S BRd.way, 903.581.8277  
Waxahachie, 507 N. Hwy 77, #508, 972.923.1720

## Presbyterian Children's Homes & Services- Dallas

3204 Skillman St., Dallas, TX 75206

9800 Preston Rd., Dallas, TX 75230

Phone: 214.826.9551 (Skillman)  
214.750.0776 (Preston)  
Fax: 214.826.4067 (Skillman)  
214.750.0733 (Preston)  
Email: dallas@pshas.org  
Website: www.pshas.org  
Hours: Flexible: client based  
Ages Served: Families with children  
Languages: English, Spanish interpretor  
Area Served: Dallas County

#### Services:

- Crisis intervention/assessment; collaborative case management.
- Assistance: access community resources, emergency food, clothing and care items.
- Individual and family social work services, parenting skills/life/vocational skills.

## Presbyterian Children's Homes & Services- Fort Worth

2700 McPherson Ave., Ft. Worth, TX 76109

Phone: 817.926.HOPE (4673)  
Fax: 817.926.1155  
Email: fortworth@pchas.org  
Website: www.pshas.org  
Hours: Flexible: client based  
Ages Served: Families with children  
Languages: English, Spanish interpretor  
Area Served: Tarrant and Parker County



**Services:**

- Family preservation focused services: Crisis intervention/assessment; collaborative case management.
- Assistance: access community resources, emergency food, clothing and care items
- Individual and family social work services, Parenting skills/life/vocational skills

**Prestonwood Pregnancy Center**

15757 Coit Rd., Ste. 308, Dallas, TX 75248

Location: Northwest  
 Phone: 972.386.4015  
 Fax: 972.387.8940  
 Website: www.prestonwoodpregnancy.org  
 Hours: Call for appointment  
 Ages Served: 11 and older  
 Languages: English and Spanish  
 Area Served: Dallas and Collin County

**Services:**

- Pregnancy testing, guidance and information, referrals, discount program available for baby items, clothing and sonograms.
- Classes include newborn parenting, prenatal, childbirth, post-abortion (men and women), single mom's support group, budgeting, exploring options, birth mom's, sexual and physical abuse.
- Variety of classes offered throughout the year about developing healthy boundaries in relationships, including various family situations and spiritual growth classes.

**Project Kids- Early Childhood Intervention**

911 N. Morocco Ave., Dallas, TX 75211

Phone: 972.794.4569  
 Fax: 972.794.4573  
 Email: Dscroggi@dallasisd.org  
 Hours: 8 a.m. to 4:30 p.m., M-F  
 Ages Served: Birth to 3 years old

**Services:**

- Supports and serves children with developmental delays.

**Promise House**

224 West Page Ave., Dallas, TX 75208

Location: Southwest  
 Phone: 214.941.8578  
 Fax: 214.941.8670  
 Email: clinical@promisehouse.org  
 Website: www.promisehouse.org

Hours: 8 a.m. to 8:30 p.m., M-Sun  
 24-hour response

Ages Served: 0-21

Area Served: Dallas County

**Services:**

- Prevention/intervention, drug and alcohol counseling and TLP Street Outreach
- Parenting, teen parenting, family counseling and group counseling
- STAR, DISD School (in house), internships and training

**Rainbow Days, Inc.**

8150 N. Central Expressway, Ste. 1600

Dallas, TX 75206

Location: Northwest  
 Phone: 214.887.0726  
 Fax: 214.887.0729  
 Email: info@rdikids.org  
 Website: www.rdikids.org  
 Hours: 8:30 a.m. to 5 p.m., M-F  
 Ages Served: 4-17 and families  
 Area Served: Dallas, Rockwall, Collin and Denton Counties

**Services:**

- Curriculum-based support groups for at-risk children and youth, ages 4-17 and their families offered in school, community, shelter and treatment center settings.
- Positive alternative activities for children and youth.

**Rapha Christian Counseling**

3021 Gateway Dr., Ste 290, Irving, TX 75063

Phone: 972.257.0449  
 1.877.257.0449 (toll-free)  
 Fax: 972.258.0449  
 Email: info@rapha.info  
 Website: www.rapha.info  
 Hours: 9 a.m. to 9 p.m., M-Th  
 9 a.m. to 5 p.m., F  
 9 a.m. to 3 p.m., Sat

Ages Served: All ages

Area Served: DeSoto, Duncanville, Irving, Mesquite, Weatherford, Midlothian

**Services:**

- Individual, family, and marriage counseling. Anger management classes.

## Reconciliation Outreach

4311 Bryan St., Dallas, TX 75204

Location: Central  
Phone: 214.821.9192  
Fax: 214.545.6525  
Email: [changinglives@rodallas.org](mailto:changinglives@rodallas.org)  
Website: [www.rodallas.org](http://www.rodallas.org)  
Hours: 9 a.m. to 5 p.m., M-F  
Languages: English and Spanish  
Area Served: Dallas

### Services:

- Housing for single men and women who have life controlling problems such as addiction, homelessness, criminal history and/or abuse.
- Employment opportunities and job training.
- Prison Aftercare Program.
- Daycare, after school programs, summer programs and camping for inner city teens and children.

## SMU Legal Services

3315 Daniel Ave., Dallas, TX 75275

Phone: 214.768.2562  
Area Served: Dallas County Residents

### Services:

- Assists low-income Dallas County residents with legal issues, consumer fraud, tax issues and landlord/tenant disputes. No family law.

## Salesmanship Club Youth and Family Centers

106 E. 10th St., Dallas TX 75203

9705 Harry Hines Blvd., Dallas, TX 75220

Locations: Southwest & Northwest  
Phone: 214.915.4700  
Fax: 214.946.7140  
Email: [info@salesmanshipclub.org](mailto:info@salesmanshipclub.org)  
Website: [www.salesmanshipclub.org](http://www.salesmanshipclub.org)  
Hours: Varies by program  
Ages Served: Families with children (0-20)  
Languages: English and Spanish  
Area Served: Greater Dallas area

### Services:

- Provides a wide spectrum of mental health services for children experiencing emotional and behavioral problems and their families.
- Includes family therapy, therapeutic after school program for adolescents ages 10-14, family life education, and an intensive assessment program for younger children ages 3-5.

## Salvation Army- Carr P. Collins Social Service Center

5302 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest  
Phone: 214.424.7000  
Fax: 214.424.7123  
Website: [www.salvationarmydallas.org](http://www.salvationarmydallas.org)  
Hours: Varies by program

### Services:

- Emergency family assistance program. Emergency lodging.
- Substance abuse services for individuals who are on probation or parole referred, involuntary placement.

## Salvation Army- Family Violence Program

P.O Box 35928 T.H., Dallas, TX 75235

Location: Northwest  
Phone: 214.424.7112  
214.424.7208 24-hour hotline  
Fax: 214.424.7123  
Website: [www.salvationarmydallas.org](http://www.salvationarmydallas.org)  
Hours: 24-hour  
Ages Served: Adults 18 and older and children 10 and younger

### Services:

- Shelter for single women and women with children. On-site child care available to residents.

## Scenario Adult Restorative Nursing & Day Care Services

3120 W. Northwest Hwy., Dallas, TX 75220

Phone: 214.351.1212  
Fax: 214.350.8760  
Hours: 6:30 a.m. to 6:30 p.m., M-F  
Email: [scenariocip@msn.com](mailto:scenariocip@msn.com)

### Services:

- Comprehensive day programming and care for adults with all types of disabilities.

## Seay Behavioral Health Care

6110 W. Parker Rd., Plano, TX 75093

Phone: 972.981.8301  
Fax: 972.981.8129  
Hours: 24 hours/7 days a week  
Ages Served: 12-17 years old, Adults

Languages: English and Spanish  
Area Served: North Texas

**Services:**

- Inpatient crisis stabilization for adolescents 12-17 years old and adults.
- Mental health and chemical dependence treatment in inpatient, partial hospital and intensive outpatient programs.

## Special Care & Career Services

*4350 Sigma, Suite 100, Dallas, TX 75244*

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Phone: 972.991.6777  
Fax: 972.991.6361  
Website: [www.specialcarecareer.org](http://www.specialcarecareer.org)  
Email: [info@specialcarecareer.org](mailto:info@specialcarecareer.org)  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: 0-3 years old; adults over 18  
Languages: English and Spanish

**Services:**

- Provides therapy and case management services to children with developmental delays or disabilities and their families.
- Helps adults with cognitive disabilities to obtain competitive employment in the community.

Provides assessments, job development, on-the-job training, and continued job support. Sponsors Job Clubs throughout the year.

## State Bar of Texas

*Lawyer Referral Information Service*

*P.O. Box 12487, Austin, TX 78711*

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Phone: 800.252.9690 or 877.9TEXBAR  
Fax: 512.427.4115  
Email: [dgee@texasbar.com](mailto:dgee@texasbar.com)  
Website: [www.texasbar.com/lris](http://www.texasbar.com/lris)  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: All  
Languages: English and Spanish  
Area Served: Statewide

**Services:**

- Certified referral service of the State Bar of Texas.

## Staying Connected

*2330 Butler St., Suite 119, Dallas, TX 75235*

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Phone: 214.645.0935  
Fax: 214.951.8161  
Email: [marily.sanchez@utsouthwestern.edu](mailto:marily.sanchez@utsouthwestern.edu)  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: Adult and teen parents

Languages: English  
Area Served: Dallas County

**Services:**

- A child abuse and neglect prevention program of home-based education and intervention services for families with histories of child abuse and neglect allegations, substance abuse, mental health issues, and other socioeconomic risk factors.
- Individual and family assessment, in-home parent education, case management and other support services.
- Program services are free.

## Stewpot, The

*408 Park Ave., Dallas, TX 75201*

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Location: Central  
Phone: 214.746.2785 x 243  
214.746.2799 (Dental Clinic)  
Fax: 214.746.2791  
Website: [www.thestewpot.org](http://www.thestewpot.org)  
Hours: 8 a.m. to 4 p.m. M-F  
Ages Served: All  
Languages: English and Spanish  
Area Served: Dallas- Primarily Downtown

**Services:**

- A homeless day-shelter for individuals and families with casework services.
- Dental, medical, and drug and alcohol counseling
- Transitional Employment Program, Art Program, Representative Payee Program, Dallas Community Voice Mail, Mail Services, Identification Assistance
- A year round child and youth enrichment program for City Park young people that includes college scholarship opportunities.

## Suicide and Crisis Center

*2808 Swiss Ave., Dallas, TX 75204*

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Location: Central  
Phone: 214.824.7023 Admin  
214.828.1000 24-hour Crisis Line  
Fax: 214.828.1627  
Email: [margiew@sccenter.org](mailto:margiew@sccenter.org)  
Website: [www.sccenter.org](http://www.sccenter.org)  
Hours: 9 a.m. to 5 p.m., M-F  
Ages Served: All Ages

**Services:**

- 24-hour telephone crisis counseling for individuals in crisis, especially suicidal crisis.
- Community education; support groups for those who have lost a loved one to suicide; screen teenagers at schools for depression

## Teen/Life Challenge of Dallas, Inc.

1106 Graham, Dallas, TX 75223

**Location:** Northeast  
**Phone:** 214.824.6181  
**Hours:** 8 a.m. to 5:30 p.m., M-F  
**Email:** Teenchallengedallas@msn.com  
**Website:** www.teenlifechallenge.com  
**Ages Served:** Men ages 17 and up  
**Languages:** English  
**Services:**

- Crisis counseling and referral. Speakers bureau.
- Alcohol and drug abuse rehabilitation. Residential center, 18 month long program minimum.

## Texas Health and Human Services

### Commission- Region 3

**Phone:** 211 or 1.877.541.7905  
**Website:** www.hhsc.state.tx.us  
to locate the office that serves your  
zip code: www.yourtexasbenefits.com

#### Services:

- Certifies eligibility for food stamps, Temporary Assistance to Needy Families (TANF), Medicaid Programs and additional assistance.

#### Locations:

5455 Blair Rd, 75231, 214.750.4619  
1010 Cadiz, Ste 110, 75215, 214.421.7722  
1467 Acton Ave, Duncanville, TX, 75137, 972.709.8075  
1228-A East Ledbetter Dr., Dallas, TX 75216,  
214.372.4671  
801 West Freeway, Suite 300, Grand Prairie, TX 75051,  
972.795.6500  
440 South Nursery Rd., Suite 200, Irving TX 75060,  
972.579.3080  
6500 Northwest Dr., Suite 300, Mesquite, TX 75150,  
972.691.9778  
2020 North Masters, Dallas ,TX 75217, 972.216.0087  
302 West Ninth, Dallas ,TX 75208, 214.942.2323  
3910 Gaston Ave, Dallas, TX 75246, 214.827.5210  
10939-B Shady Trail, Dallas, TX 75220, 214.351.6231  
3306 West Walnut Street, Suite 200, Garland, TX 75042,  
972.272.0889  
1111 West Ledbetter Drive, Suite 400, Dallas, TX 75224,  
214.372.6370

## Texas Parents as Teachers

5952 Royal Lane, Ste. 261, Dallas, TX 75230

**Phone:** 214.363.8661  
**Fax:** 214.363.8664  
**Email:** txpat@txpat.org  
**Website:** www.txpat.org  
**Ages Served:** Prenatal- 5 yrs.

#### Services:

- Home-school-community partnership to foster optimal development of young children, increase parenting skills and identify disabilities and delays early.
- Parent educators provide personal visits, group meetings and periodic screenings.

## Texas Runaway Hotline

Mail Code Y-987, P.O Box 149030

Austin, TX 78714-9030

**Phone:** 1.888.580.HELP (4357)  
24-hour translation available  
**Fax:** 512.339.5895  
**Email:** larry.imhoff@dfps.state.tx.us  
**Website:** www.texasrunaway.org  
**Ages:** Youth and their family members  
**Service Area:** Texas

#### Services:

- Crisis intervention and referrals for runaways and family members.
- Confidential message relay service and conference calling between runaways and their family.

## Texas Scottish Rite Hospital for Children

2222 Welborn St., Dallas, TX 75219-9982

**Phone:** 214.559.5000  
1.800.421.1121  
**Fax:** 214.559.7402  
**Email:** tsrh@tsrh.org  
**Website:** www.tsrhc.org

#### Services:

- Provides inpatient and outpatient orthopedic and related neurological services for children up to 18 years old. Services are open to Texas children who will benefit from the hospital's services and are referred by a physician.
- The hospital also provides evaluation and treatment of children with specific learning disabilities (i.e. dyslexia). Related services (dental and eye clinics) are provided as needed. Comprehensive social services are provided as needed.



- Research is conducted at the hospital and speakers and films are provided to interested groups. There is no fee for treatment.

## Texas Youth Hotline

Mail Code Y-987, P.O. Box 149030

Austin, TX 78714-9030

Phone: 1.800.98.YOUTH (96884)  
24-hour translation available  
Fax: 512.339.5895  
Email: larry.imhoff@dfps.state.tx.us  
Website: www.texasyouth.org  
Ages: Youth and their family members  
Service Area: Texas

### Services:

- Crisis intervention and referrals for youth and their caregivers experiencing family conflict.

## Town Hall Adult Restorative Nursing & Day Care Center

226 E. 10th St., Dallas, TX 75203

Phone: 214.948.8892  
Fax: 214.943.7248  
Email: tvinfo@americanreligious.org  
Website: www.americanreligious.org/adult\_health\_center.html  
Hours: 7 a.m. to 5 p.m., M-F

### Services:

- Structured day program offering personalized care services, rehab services, social services, activities, nursing, therapy, exercise, outings and nutrition services.
- Must have a medical diagnosis and physician's orders.

### Cost:

- Medicaid, Medicare, private pay (varies), Texas Dept. of Human Services contractor

### Criteria:

- Adults only- must have primary medical diagnosis and doctors orders. Can be used, once admitted, for respite.

## Trinity River Mission

2060 Singleton Blvd., Suite 104

Dallas, TX 75212

Phone: 214.744.6774  
Fax: 469.916.5832  
Email: info@trinityrivermission.org

Website: www.trinityrivermission.org  
Hours: Office: 9 a.m. to 5 p.m., M-F  
Programming until 8 p.m.

Ages Served: Kindergarten to 12th grade

Languages: English and Spanish

Area Served: West Dallas

### Services:

- After school enrichment and homework help. One-on-one literacy tutoring for elementary, middle and high school students.
- Believe and Achieve scholarship and mentoring program for middle and high school students including life skills training and college tours.
- Computer training. Parenting classes, family nights, cultural arts and leadership training.

## Turning Point, A

1778 Plano Rd., Ste 112

Richardson, TX 75081

Phone: 972.234.8636  
Fax: 972.234.8639  
Email: ron.deage@aturningpoint.org  
Hours: 9 a.m. to 6 p.m., M-Th

Ages Served: All

Area Served: Dallas, Metroplex, North Texas

### Services:

- Addiction recovery programs; drug and alcohol assessments; interventions for addiction related crises.
- Counseling-individual, marital/couples and families.
- Hypnosis for traumas, fears and habits.
- Stress reduction, anger management and conflict resolution.

## Urban Inter-Tribal Center of Texas

209 E. Jefferson Blvd., Dallas, TX 75203

Phone: 214.941.1050 x203  
Fax: 214.942.0945  
Hours: Medical Clinic  
8 a.m. to 5p.m., M-Th  
8 a.m. to noon, Friday  
Dental Clinic  
8 a.m. to 5p.m., W-F

Ages Served: All ages; must have tribal enrollment card (CDIB)

Area Served: Texas

### Services:

- Health, social and employment services to residents of American Indian descent.



- Emergency assistance, medical and dental services, outpatient substance abuse and mental health counseling, and WIC.
- Food stamp assistance; Medicaid signup. Wellness center on location.

## Urban League of Greater Dallas

4315 S. Lancaster Rd., Dallas, TX 75216

Phone: 214.915.4600  
 Fax: 214.915.4601  
 Website: www.dallasurbanleague.com  
 Hours: 8 a.m. to 5 p.m., M-F  
 Ages Served: 17 years and older  
 Area Served: Dallas and surrounding counties

### Services:

- Employment, Health, Computer Training, GED, Housing (Emergency Assistance).
- Education and Youth Services, Senior Services (Grandparent Resource Group, benefits check-up)
- Case management counseling information and referrals.
- Community education and social activities

## Veteran Affairs

4500 S. Lancaster, Dallas, TX 75216

Location: Southeast  
 Phone: 214.857.0388  
 1.800.849.3597  
 Fax: 214.462.4972  
 Website: www.northtexas.va.gov  
 Hours: Varies  
 Ages Served: 18 and older  
 Languages: Spanish, sign language interpreters, readers and brailled materials  
 Area Served: North Texas

### Services:

- Comprehensive medical surgical and psychiatric treatment as well as extended care to eligible veterans.
- Substance abuse treatment, community case management, comprehensive homeless center programs.
- Psychosocial rehabilitation, supported housing and vocational assistance.

## Victims Outreach

5327 N. Central Expressway, Ste. 305  
 Dallas, TX 75205

Location: Northwest  
 Phone: 214.358.5173 24-hour hotline

Fax: 214.358.5697  
 Email: info@victims-outreach.org  
 Website: www.victims-outreach.org  
 Hours: 9 a.m. to 5 p.m., M-F; some evenings  
 Ages Served: All ages  
 Languages: English and Spanish  
 Area Served: Dallas County and surrounding areas

### Services:

- Serves victims of crime and violence through professional counseling, 24-hour crisis line, information and referral services, and criminal justice support.
- Group meetings. On-site debriefing services available. All services are free.

## Victim Relief Ministries

660 International Parkway, Suite 140  
 Richardson, TX 75081

Phone: 972.234.3999  
 Fax: 972.234.9970  
 Email: vrm@victimrelief.org  
 Website: www.victimrelief.org  
 Hours: 9 a.m. to 4 p.m., M-F  
 By appointment

Ages Served: All  
 Languages: English and Spanish  
 Area Served: Dallas metroplex, surrounding cities and counties

### Services:

- Crisis counseling by appointment.
- Limited rent, utility, furniture, food assistance for crime victims when available.
- Emotional support and referrals.
- Victims of violent crime or disaster/terrorism. Clients must be able to provide a police report and valid identification.

## Vogel Alcove

7557 Rambler Rd., Ste 262  
 Dallas, TX 75231

Location: Northeast  
 Phone: 214.368.8686  
 Fax: 214.368.0414  
 Website: www.vogelalcove.org  
 Email: info@vogelalcove.org  
 Hours: 7 a.m. to 6 p.m., M-F (childcare)  
 8:30 to 5:30 p.m. (Admin)  
 Ages Served: 5 weeks to 5 years  
 Languages: English and Spanish

Area Served: Metroplex

**Services:**

- Free childcare and social services for families living in affiliated homeless shelters, domestic violence shelters and transitional housing programs.
- Other services include access to developmental therapies, parenting classes and other social services.

## The Warren Center for Children with Developmental Differences

320 Custer Rd, Richardson, TX 75080

Phone: 972.490.9055

Fax: 972.490.9058

Email: center@thewarrencenter.org

Website: www.thewarrencenter.org

Hours: 8 a.m. to 5 p.m., M-F (admin)  
Service times vary by region

Ages Served: Children 0-16 and their families

Area Served: North Dallas County for 0-3,  
Dallas, Collin, Denton Counties,  
etc., for older children

**Services:**

- Provides referrals for developmental screening and evaluations (children 0-3), early intervention and family support services.
- An affiliate of the Texas Interagency Council on Early Childhood Intervention.
- Therapy services and social skills for children over age 3 who have difficulties communicating and relating to others. Many children served have autism, Asperger's or sensory integration issues.

## Wednesday's Child Benefit Corp

11882 Greenville Ave., Ste. 113

Dallas, TX 75243

Location: Northeast

Phone: 972.231.1433

Fax: 972.231.3422

Email: info@wedchild.org

Website: www.wedchild.org

Ages Served: 0-college

Area Served: North Texas

**Services:**

- Provides goods and services such as clothing, educational needs, and medical and dental needs to children in foster care via requests from DFPS caseworkers, CASA, TRAC and placement agencies.

## Wesley-Rankin Community Center

3100 Crossman Ave., Dallas, TX 75212

Location: West Dallas

Phone: 214.742.6674

Fax: 214.741.2150

Email: Maria@WesleyRankin.org

Website: www.wesleyrankin.org

Hours: 9 a.m. to 5 p.m., M-F Admin  
Program hours vary

Ages Served: PreK-Senior Adult

Languages: English and Spanish

Area Served: West Dallas

**Services:**

- Head Start pre-school, after school tutoring, mentoring and summer day camp.
- Young adult ministry, college scholarship program and community leadership.
- Senior adult program, holiday assistance, computer lab and catering.

## West Dallas Community Center, Inc.

3918 N. Hampton Rd., Dallas, TX 75212

Location: Northwest

Phone: 214.760.8353

Fax: 214.760.8373

Email: admin@westdallas.org

Website: www.westdallas.org

Hours: 8:30 a.m. to 5 p.m., M-F (Admin)  
11 a.m. to 7 p.m., M-F (Center)  
10 a.m. to 6 p.m., M-F during  
school day calendar

Ages Served: 6-18

Languages: English and Spanish

Area Served: West Dallas (75212);  
Four Center locations

**Services:**

- A safe and successful recreation program
- Group work with emphasis on individual participation in small organized groups.
- Computer and financial literacy education classes.
- Creative art groups, mentoring groups, drug education and prevention and a juvenile diversion program.

**Locations:**

Bataan St, 3232 Bataan, 214.742.2753

Joseph McMillan, 3730 Ladd, 214.745.1176

Positive Directions, 2223 Singleton Blvd., 140 Dallas West  
Shopping Center, 214.634.7691

## West Dallas Multipurpose Center

2828 Fish Trap Rd., Dallas, TX 75212

Location: Northwest  
Phone: 214.670.6340  
Fax: 214.670.6339  
Ages Served: All ages  
Languages: English and Spanish  
Area Served: City of Dallas

### Services:

- Emergency assistance to individuals and families in financial crisis; food pantry.
- Special holiday programs including Thanksgiving food baskets and Christmas toy drives.
- Preventative health services and screening; older adult nutritional program.
- Special cultural celebrations and annual wellness expo.

## WHO® (We Help Ourselves)

### Mental Health America of Greater Dallas

624 N. Good-Latimer, Ste. 200  
Dallas, TX 75204

Location: Central  
Phone: 214.871.2420  
Fax: 214.954.0611  
Email: sjoseph@mhadallas.org  
cmclouth@mhadallas.org  
Website: www.mhadallas.org  
Ages Served: Pre-school to High School  
Languages: English and Spanish

### Services:

- Educational program teaches problem-solving and communication skills to keep children and adolescents from becoming victims of emotional, physical or sexual abuse. Age-appropriate curriculum.

## WIC- Special Supplemental Nutrition Program for Women, Infants, and Children

2377 N. Stemmons, #400, Dallas, TX 75207

Phone: 214.670.7200  
Fax: 214.670.7165  
Website: www.dallascityhall.com/ehs/wic\_program.html  
Hours: 7:30 a.m. to 4:30 p.m., M-F  
Saturday appointments available  
Ages Served: Women, infants and children (0-5)  
Languages: All  
Area Served: Dallas County

### Services:

- Call for clinic closest to you. Provides nutritious food, nutrition education, counseling, for children under age of 5.
- Eligibility based on income and nutritional need.

## Wilkinson Center, The

5200 Bryan St., Dallas, TX 75206

Phone: 214.821.6380  
Fax: 214.827.1972  
Website: www.wilkinsoncenter.org  
Hours: 9 a.m. to 5 p.m., M-Th  
9 a.m. to 1 p.m., Fri  
Ages Served: All  
Languages: English and Spanish  
Area Served: 75214, 75206, 75204, 75246, 75223, and 75226

### Services:

- Food pantry, employment classes, after school children's program, senior art program and computer lab.

### Locations:

Additional location at 3402 N. Buckner, Ste 302 (Towne Market Shopping Center)  
Phone: 214.269.1418  
Hours: 10 a.m. to 3 p.m., M-Th  
1 a.m. to 3:30 p.m. (food pantry items)

## Women's Advocacy Project

Phone: 1.800.374.HOPE (4673)  
Family Violence, Legal Line  
Fax: 512.476.5773

### Services:

- Maintains a statewide toll-free hotline for women with legal problems relating to family violence or abuse.

## YMCA of Metropolitan Dallas

*23 Local Branches to Serve You*

*Association Office:*

*1621 W. Walnut Hill Ln., Irving, TX 75201*

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**Location:** 23 local metropolitan branches  
Serving Dallas and some  
surrounding counties

**Phone:** Association Office: 214.880.9622

**Fax:** Association Office: 214.871.3014

**Website:** www.ymcadallas.org

**Hours:** Varies by branch

**Ages Served:** 6-17

**Area Served:** Dallas Metro, 19 locations in  
Dallas County

### **Services:**

- School-age childcare offered at elementary schools and one day care center around the Greater Dallas region.
- To develop positive self-esteem in children, provide social opportunities, strengthen self-discipline, stimulate curiosity and encourage self-expression.
- Offers summer child care and camping programs along with variety of activities for the entire family.
- Programs offered but not limited to: sports, swimming, health & wellness classes/information, Y Adventure Guides (a parent child program), Youth & Government, Teen Achievers, and much more.
- Women's Health (breast cancer screening and education).
- Financial literacy and Matched Savings Accounts (IDA).
- Nurse-Family Partnership: Parenting education and in-home visitation
- College scholarship program: assisting graduating seniors.
- Project Safe Place: organizes a network of emergency assistance sites.
- Independent Living Program: for adjudicated youth.
- Casa Shelter: runaway, homeless, or troubled youth.
- Sunset Teen Parenting: supporting teen parents from Oak Cliff and Sunset High School.
- Texas Youth and Government: educate teens about team government.

### **Locations:**

Community Services YMCA (Park South), 2500 Rowine Ave., 214.421.5301

Coppell Family YMCA, 146 Town Center Blvd., 972.393.5121

Frisco Family YMCA, 3415 Main St., 972.271.9622

Frisco Family YMCA-HOP, 2401 Internet Blvd., Ste. 100, 972.335.3222

Garland Family YMCA, 1709 N. Garland, 972.272.3494

Garland YMCA Childcare Center, 3821 BRd.way, 972.271.4681

Grand Prairie Family YMCA, 4556 S. Carrier Pkwy, 972.642.9632

Irving Family YMCA, 2200 W. Irving Blvd., 972.986.8898

Lake Highlands Family YMCA, Stults & Greenville, 214.221.9622

Lakewest Family YMCA, 3737 Goldman, 214.630.9880

Moorland Family YMCA, 907 E. Ledbetter, 214.375.2583

Oak Cliff Family YMCA, 6701 S. Hampton, 214.330.6321

Park Cities Family YMCA, 6000 Preston, 214.526.7293

Plano Family YMCA, 5101 Tennyson Pkwy, 972.378.9622

Richardson Family YMCA, 821 Custer Rd., 972.231.3424

Rockwall Family YMCA, 1210 N. Goliad, 972.772.9622

T. Boone Pickens Family YMCA, 601 N. Akard, 214.954.0500

Town North Family YMCA, 4332 Northhaven, 214.357.8431

YMCA at Whiterock, 7305 Gaston, 214.328.3849

## Youth Advocate Programs, Inc

*Dallas County Advocate Program*

*4225 Office Pkwy., Dallas, TX 75204*

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**Location:** Southeast

**Phone:** 214.821.9554

**Fax:** 214.821.9080

**Email:** rmorales@yapinc.org

**Website:** www.yapinc.org

**Languages:** English and Spanish

**Area Served:** Dallas County

### **Services:**

- Intensive home-based case management and supported work (subsidized-employment) to youth who are referred by Dallas County Juvenile Probation Department.



Parkland





## Youth Advocate Programs Inc- Youth Advocate Counseling Services

4225 Office Pkwy., Dallas, TX 75204

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Location: Southeast  
Phone: 214.821.6505  
Fax: 214.821.6504  
Website: www.yapinc.org  
Languages: English and Spanish  
Area Served: Dallas County

### Services:

- Intensive in-home therapy, office-based therapy and intensive outpatient programming for dually diagnosed adolescents. Families must be CHIP/ NorthSTAR/amerigroup eligible.

## Youth and Family Centers

912 S. Ervay (Administrative Centers)

1st Floor, Room 103, Dallas, TX 75201

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Location: Northwest (main office; centers throughout Dallas)  
Phone: 972.581.4770  
Fax: 972.581.4784  
Hours: 8 a.m. to 5 p.m., M-F; extended 8 a.m. to 8 p.m., two days weekly  
Ages Served: School-aged children  
Languages: English and Spanish  
Area Served: Dallas ISD; nine centers

### Services:

- School-based preventative/primary physical and mental health care.

### Locations:

Amelia G. Flores, 9941 Lingo Ln, 972.502.4100  
Spruce, 9617 Grady Ln, 972.502.4080  
Woodrow/Long, 6006 Reiger, 972.502.4120  
Redbird, 3803 Boulder, 972.502.4020  
West Dallas, 3131 N. Hampton, 972.502.4040  
North Oak Cliff, 501 S. Edgefield, 972.502.4000  
Kiosco, 10034 Hedgeway, 972.502.4060  
Seagoville, 15920 Seagoville, 972.892.7180  
Eddie Bernice Johnson, 5000 S. Malcolm X Blvd.,  
972.749.5925